Physical Education Intent, Implementation and Impact

Intent

The curriculum intent for physical education is firmly rooted in our school desire to give all children strong foundations from which they may become **successful, independent learners for life** and is centred around our school values of **think, collaborate, persist.**

PE plays an important part in the life of Parklands Community Primary & Nursery School and inspires all pupils to succeed in competitive sport and other physically demanding activities. Our intention is to enable our children to develop skills, knowledge and vocabulary in a wide range of sports, as well as develop their team skills. Children demonstrate **physical literacy** by confidently applying a broad range of movement skills, showing motivation to be active, and understanding how to use their bodies effectively across different physical contexts. At Parklands, we provide pupils with the opportunity to be FIT:

F = Find - Provide our pupils with opportunities to explore and become confident in a wide variety of different sports and physical activities
I = Impact - Help pupils develop their interest and enjoyment in physical activity, thus helping them to lead healthy active lives.
T = Transferable - Through participation, help our pupils to learn more about transferrable key values such as teamwork, fair play and respect for themselves and others.

The end points are defined in the National Curriculum at the end of KS1 and end of KS2. At Parklands, we have adopted the 'Complete PE' programme which defines the end points for each year group to aid the assessment process and ensure knowledge and skills develop well, in sequence within units of work and over time.

Implementation

- PE is taught through a carefully planned progressive curriculum using the Pulse PE school.
- Children engage in a minimum of two hours of PE time every week for each class, typically one indoor and one outdoor session.
- They are provided with a wide variety of sport focuses within PE sessions, with a new sport every half term.
- Swimming sessions are provided for Year 5 and 6 – including additional top up swimming sessions for those pupils that require it.
- Pupils, including those with SEND, are provided with the opportunity to represent the school against other schools.
- Lessons are adapted to ensure that all pupils can access learning.
- Sport professionals such as Cheshire Phoenix, Cheshire Cricket and Chester FC visit the school in order to promote a healthy lifestyle and their respective sports.

- Intra-school competitions are held to give children an opportunity to engage in healthy competition.
- Sport Leaders are given the responsibility to promote sports during break times.
- Year 5 and 6 are given the opportunity to take part in Bikeability (bike safety) course to encourage safe riding.
- A wide variety of school sports clubs, both during the school day and after school, are provided during the year.

Impact

By the time our pupils leave Parklands, they:

- Have taken part in a range of inter- and intra-school competitions and many of whom have enjoyed the success of competitive sports.
- Seek to engage in extra-curricular activities both in school and external to school.
- Develop a true love for sports and fitness.
- Demonstrate their enjoyment for the subject.
- Can articulate their knowledge and understanding of the different types of sport that have been taught.
- Have experienced outdoor adventurous activity
- Take responsibility for their own health and fitness and recognise the impact that this has on their future.
- Can analyse performance and identify strengths and areas for improvement.
- Are ready to continue their journey of physical education in key stage 3.