

WHAT'S ON THE MENU TODAY?

WEEK1

AVAILABLE DAILY

VEGETARIAN
OPTION OF
CHOICE 1

DELI CHOICE
OF BREADS
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD



JACKET POTATO
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD

FRESHLY MADE SALAD
FRESH BREAD
FRUIT YOGHURT
FRESH FRUIT
CHILLED WATER

MEAT FREE
MONDAY

TUESDAY

WEDNESDAY

SUGAR FREE
THURSDAY

MEAT FREE
FRIDAY

CHOICE 1



Tomato Tortilla Stack (V)
served with Potato Wedges &
Seasonal Vegetables



Oven Baked Sausage Roll,
Mashed Potato served with
Baked Beans or Seasonal Vegetables



Roast Gammon Lunch served
Roast/Mashed Potatoes,
Seasonal Vegetables & Gravy



Pasta Bolognese served
with Crusty Bread &
Seasonal Vegetables



2 Slices of Thin & Crispy Cheese
& Tomato Pizza (V), served with
Baked Beans, Seasonal Vegetables
or Coleslaw

CHOICE 2



Tomato & Basil Pasta



Hot Ham & Cheese Wrap



Cheese & Tomato Pasta (V)
served with Crusty Bread &
Seasonal Vegetables



Cheese & Bean Quesadilla (V)
served with Potato Wedges &
Seasonal Vegetables



Tomato Pasta served
with Crusty Bread

PUDDING



Caramel Crispy Bar



Golden Crunch Biscuit



Chocolate Crispy Cake



Apple & Grape Pot



Ginger Biscuit

For allergen information, please ask one of our catering team • All the above dishes are subject to availability

WHAT'S ON THE MENU TODAY?

WEEK2

AVAILABLE DAILY

VEGETARIAN
OPTION OF
CHOICE 1

DELI CHOICE
OF BREADS
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD



JACKET POTATO
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD

FRESHLY MADE SALAD
FRESH BREAD
FRUIT YOGHURT
FRESH FRUIT
CHILLED WATER

Parklands Community Primary and Nursery

CHOICE 1

CHOICE 2

PUDDING

MEAT FREE
MONDAY



2 Slices of Margherita Pizza (V)
served with Baked Beans,
Seasonal Vegetables or Coleslaw

TUESDAY



Beef Burger in a Bun, Hash Brown
served with Baked Beans or
Seasonal Vegetables

WEDNESDAY



Roast Chicken Lunch served
Roast/Mashed Potatoes,
Seasonal Vegetables & Gravy

SUGAR FREE
THURSDAY



3 Cheese & Tomato Pasta (V)
served with Crusty Bread &
Seasonal Vegetables

MEAT FREE
FRIDAY



Battered Fish served with Chips,
Baked Beans or Peas



Tomato & Basil Pasta



Hot Ham & Cheese Wrap



Cheese & Tomato Pasta (V)
served with Crusty Bread &
Seasonal Vegetables



Cheese & Bean Quesadilla (V)
served with Potato Wedges &
Seasonal Vegetables



Tomato Pasta served
with Crusty Bread



Vanilla Ice Cream & Fruit



Fruit Jelly



Iced Wacky Chocolate Cake



Watermelon Wedge



Snickers Doodle Biscuit

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WHAT'S ON THE MENU TODAY?

WEEK 3

AVAILABLE DAILY

VEGETARIAN
OPTION OF
CHOICE 1

DELI CHOICE
OF BREADS
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD

JACKET POTATO
WITH A SELECTION
OF FILLINGS SERVED
WITH A SIDE SALAD

FRESHLY MADE SALAD
FRESH BREAD
FRUIT YOGHURT
FRESH FRUIT
CHILLED WATER

CHOICE 1

CHOICE 2

PUDDING

MEAT FREE
MONDAY



2 Slices of Thin & Crispy Cheese & Tomato Pizza (V), served with Baked Beans, Seasonal Vegetables or Coleslaw

TUESDAY



Sausages served with Mashed Potato, Gravy & Seasonal Vegetables

WEDNESDAY



Roast Chicken Lunch served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy

SUGAR FREE
THURSDAY



Spaghetti Bolognese served with Seasonal Vegetables

MEAT FREE
FRIDAY



Cod Fish Fingers served with Chips, Baked Beans or Peas



Tomato & Basil Pasta



Hot Ham & Cheese Wrap



Cheese & Tomato Pasta (V) served with Crusty Bread & Seasonal Vegetables



Cheese & Bean Quesadilla (V) served with Potato Wedges & Seasonal Vegetables



Tomato Pasta served with Crusty Bread



Toffee Cake



Butterscotch Biscuit



Chocolate Muffin



Cheese & Crackers



Rice Crispy Cookie

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