

Sticky Facts

Guru Nanak was the founder of Sikhism and the first of the ten Sikh Gurus (leaders).

Waheguru - the name most used for God

The Guru Granth Sahib is the Holy book of Sikhism and is written in Punjabi.

The Gurdwara is the Sikhism place of worship. - a Sikh temple.

Sikhs believe many things: all paths lead to God; everyone is equal in God's eyes; be kind and help all people.

Men and women are equal; all members of the Sikh community are equal regardless of gender, race, wealth or disability.

Sikhism teaches 'Sewa' which means that acting selflessly and helping others without any reward is an act of service to Waheguru and must be done to show their faith.

Sikhs perform sewa in different ways: helping at the Gurdwara, cleaning, washing dishes and serving in the langar.

Sikhs wear the 5ks to show their devotion to Sikhism: Kara (bracelet), Kachera (shorts), Kirpan (sword), Kanga (comb), Kesh (hair).



5Ks

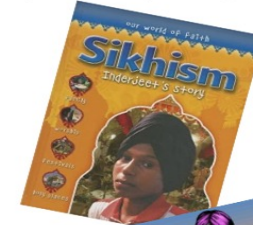


Gurdwara

Guru Nanak



Exciting reads



Key Vocabulary

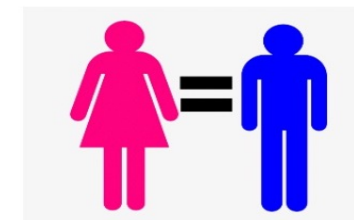
Sikhism

Equality

Community

Values

Responsibility



Guru Granth Sahib

Sticky Facts

- For many people, intangible things such as happiness and joy are precious to them.
- Some precious things are worth a lot of money, some are things that money cannot buy such as family.
- Art in Churches can help visualise the key messages of God and make people feel closer to him.
- Music is an important aspect of church and hymns are often sung.
- Lord of the Dance is one of the songs sung in church.
- In church people can play the organ, be part of the choir.
- Some Christians from the UK go on pilgrimage to Iona. A pilgrimage is a journey made to a holy place.
- The Iona community includes Anglicans, Quakers, Catholics and people that don't follow a specific Christian religion.
- The Iona community have a strong commitment to peace and justice issues.
- The Iona community write songs which are used in churches around the world.
- The Taizé community is a Christian community in France.
- Catholic and Protestant Monks make up the Taizé community.
- Music is created by the Taizé community; Hosanna is one of their popular songs.

Key Vocabulary

Christian

Pilgrimage

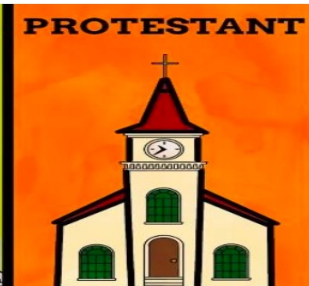
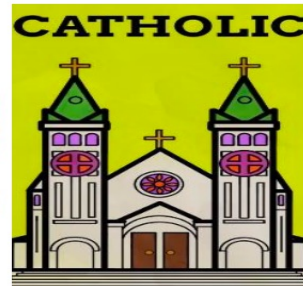
Holy

Taizé

Iona

Community

Monk



Sticky Facts

- Gurdwara has three main purposes:
to sing the hymns from the Guru Granth Sahib (Kirtan), read and explain the Guru Granth Sahib (Katha) and the third is the Langar.
- Equality is important in Sikhism and this is shown in the Gurdwara where everyone sits on the floor, no assigned seating.
- Langar is the community kitchen of a Gurdwara, which serves meals to all free of charge, regardless of religion, gender or ethnicity.
- There is no requirement for pilgrimage in Sikhism but it is still an important historical site and a center of spiritual and cultural identity.



Key Vocabulary

Gurdwara

Langar

Equality

Sacred places

Shri

Harmandir
Sahib

