

Spring/Summer Menu

Week One



V35523

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage/ Halal Chicken Sausage in a Roll with Chips	Mild Beef & Bean Chilli with Yellow Rice 	Roast Chicken/ Halal Chicken, Gravy, Yorkshire Pudding with Roast Potatoes	Sausage & Sweetcorn Pizza with ½ a jacket potato 	Fish Fingers with Chips
Vegetarian Main Meal	Pasta Spirals in Tomato Sauce, Topped with Cheese & a Slice of Garlic Bread 	Macaroni Cheese	Quorn Grill, Gravy, Yorkshire Pudding with Roast Potatoes 	Margherita Pizza with ½ a jacket potato 	Cheese & Onion Bake with Chips
Jacket/ Pasta/ Filled Sandwiches/ Baguettes	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Ham, Cheese, or Tuna Mayo Sandwich with Chips
Dessert	Chocolate Fudge Cake	Apple & Cinnamon Rolls 	Strawberry Jelly	Fruit Slices & Vanilla Cookie 	Vanilla or Chocolate Ice Cream

Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Spring/Summer Menu

Week Two



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage/ Halal Chicken Sausage with Mash & Gravy	Beef/ Halal Beef Lasagne with Garlic Bread 	Roast Chicken/ Halal Roast Chicken, Gravy, Yorkshire Pudding with Roast Potatoes	Rainbow Vegetable/ Margherita Pizza with Tomato Pasta 	Battered Pollock with Chips
Vegetarian Main Meal	Veggie Sausage with Mash & Gravy	Plant-based Lasagne with Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding with Roast Potatoes 	Spaghetti with Plant-based Meatballs in an Arrabbiata Sauce with Garlic Bread 	Cheese Quiche with Chips
Jacket/ Pasta/ Filled Sandwiches/ Baguettes	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Ham, Cheese, or Tuna Mayo Sandwich with Chips
Dessert	Banana Bread Cookie	Raspberry Jelly & Fruit Slices 	Blueberry Cake & Custard	Fruit Slices & Flapjack 	Chocolate Mousse

Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt

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Spring/Summer Menu

Week Three



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Burger/ Halal Lamb Burger with Chips	Sweet & Sour Chicken/ Halal Chicken with Yellow Rice 	Roast Gammon/ Halal Roast Chicken, Gravy, Yorkshire Pudding with Roast Potatoes	Margherita Pizza with Pasta Salad 	Fish Fingers & Chips
Vegetarian Main Meal	Vegetable Burger with Chips 	Pasta Twists in a Tomato & Basil Sauce 	Vegetarian Keema Puff Pastry Slice with Roast Potatoes	Macaroni Cheese	Vegetable Fingers & Chips
Jacket/ Pasta/ Filled Sandwiches/ Baguettes	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Cheesy Beans, Tuna Mayo or Cheese 	Ham, Cheese, or Tuna Mayo Sandwich with Chips
Dessert	Chocolate Cookie	Pineapple Upside Down Cake & Custard 	Orange Jelly	Chocolate & Apple Cake 	Iced Sponge Cake with Sprinkles

Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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