













Autumn / Winter Menu

Week 1

Eativerse
A UNIVERSE OF FOOD AND DRINK











WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal	Red Tractor Pork Sausage Roll/ Halal Chicken sausage Roll & Home-baked Potato Wedges	Beef /Halal Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Chicken/ Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Vegetarian Main Meal	Macaroni Cheese	Italian Quorn Meatballs served with Pasta ^{VG} 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Sausage in a Bun with Home-baked Potato Wedges ^{VG} 	Vegetable Fingers & Chips
Baked Jacket Potatoes/ Sandwiches/ Pasta	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Pasta with Tomato & Basil Sauce	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  
Dessert	Vanilla Shortbread ^{VG} & Chocolate Sauce	Chocolate & Pear Crumble ^{VG} & Custard 	Strawberry Jelly ^{VG}	Oaty Date Cookie 	Vanilla Ice Cream

Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt

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Week 2

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WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal	Pork Sausage/ Halal Chicken Sausage with Mash & Gravy	Red Tractor Beef Pasta/ Halal Beef Pasta Bolognese & Garlic Bread 	Roast Chicken/ Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza & Home-baked Potato Wedges	MSC Battered Pollock & Chips
Vegetarian Main Meal	Veggie Sausage & Mash with Gravy ^{VG} 	Plant-based Pasta Bolognese & Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Chili & Sunny Vegetable Rice ^{VG} 	Roast Mediterranean Vegetable, Tomato and Mozzarella Tart
Baked Jacket Potatoes/ Pasta	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Pasta with Tomato & Basil Sauce	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Pasta with Tomato & Basil Sauce
Dessert	Shortbread Pin Wheels & Fruit Slices ^{VG} 	Chocolate Fudge Cake	Apple Crumble ^{VG} & Custard 	Flapjack ^{VG}	Chocolate Mousse

Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt



England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn / Winter Menu

Week 3

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Available Daily: Fresh Bread, Selection of Vegetable and Fresh Salad, Fresh Fruit & Yoghurt

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal	Beef Burger with Home-baked Potato Wedges	Mild Chicken /Halal Chicken Curry served with Mixed Rice	Roast Gammon/ Halal Chicken, Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Vegetarian Main Meal	Vegetable Burger with Home-baked Potato Wedges	Vegetable Sausage Hotdog served with Home-baked Wedges	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Sweet & Sour Vegetables & Sunny Rice ^{VG}	Cheese & Onion Roll with Chips & Ketchup
Baked Jacket Potatoes/ Pasta	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Pasta with Cheese or Tomato & Basil Sauce	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Pasta with Tomato & Basil Sauce	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Chocolate Oaty Slice ^{VG}	Syrup Sponge Pudding & Custard	Apple & Cinnamon Rolls	Vanilla Cookie & Fruit Slice ^{VG}	Iced Sponge Cake with Sprinkles

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan



VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.