

Long Term Planning

Springhill Primary School 2025/26



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	+	+	+	+	+
	+	+	+	+	+	+
Reception	EYFS - Fundamental Movement Skills	EYFS - FMS - Superworm	EYFS - FMS - Space	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Seaside
	EYFS - FMS - Hungry Caterpillar	An adventure with the Emergency Services	An encounter with Pirates	Under the Sea	A visit to the zoo	A Day on the Farm
Year One	KS1 - Y1 - FMS Rolling a Ball	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - FMS Catching and Bouncing a ball	KS1 - FMS Kicking Unit	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 Athletics
	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y1 - Gymnastics Activities Core Task 1	Dance - Animals	KS1 - FMS - Supertato	Dance - Fire of London	KS1 FMS and Gym - Jack and the Beanstalk
Year Two	KS1 Y1 FMS - Zog	KS1 - Y1 - FMS Underarm Throw	KS1 - Y2 FMS Bounce Ball	KS1 - Y2 Games - Piggy in the Middle (Core Task)	KS1 - FMS Kicking Unit	KS1 - Y2 Athletics
	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y2 - Gymnastics Activities	Dance - Mini Beasts	KS1 - Y1 - FMS Overarm Throw	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 - FMS End of KS1 Assessment

Year Three	Year 3/4 Invasion Games - Netball	Year 3/4 Invasion Games - Basketball	Year 3/4 - Net and Wall Unit Core Task 1	Year 3/4 Target Games - Dodgeball	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Athletic
	Fundamental Skills Catch up - KS1 - Y2 FMS - Playground games in the 20th century	Year 3 Gymnastics Core Task 1	Swimming - Phase 3	Dance - Dance Around the World	Year 3/4 Invasion Games - Handball	Year 3/4 Striking and Fielding - Cricket
Year Four	Year 3/4 Invasion Games - Netball	Year 4 Gymnastics Core Task 1	Year 3/4 Target Games - Dodgeball	Year 3/4 OAA - Trust and Trails	Year 3/4 Striking and Fielding - Cricket	Year 3/4 Athletics
	Dance - Egyptians	Year 3/4 Invasion Games - Basketball	Swimming - Phase 4	Year 3/4 - Net and Wall Unit Core Task 2	Year 3/4 Invasion Games - Handball	Year 3/4 Striking and Fielding - Rounders
Year Five	Year 5/6 Invasion Games - Netball	Year 5/6 Net and Wall - Tennis	Year 5/6 Dance - Earthlings	Year 5/6 OAA - Teamwork and Problem Solving 1	Year 5/6 Striking and Fielding - Rounders	Year 5/6 Athletics
	Year 5/6 Invasion Games - Football	Year 5 Gymnastic Core Task 1	Swimming - Phase 5	Year 5/6 Invasion Games - Rugby 1	Year 5/6 - Creative Games	Year 5/6 Striking and Fielding - Cricket
Year Six	Dance - The Haka	Year 6 Gymnastic Core Task 1	Year 5/6 Net and Wall - Tennis	Year 5/6 - Creative Games	Year 5/6 Striking and Fielding - Cricket	Year 5/6 Athletics
	Year 5/6 Invasion Games - Football	Year 5/6 Invasion Games - Netball	Swimming - Phase 6	Year 5/6 Invasion Games - Rugby 2	Year 5/6 Orienteering	Year 5/6 Striking and Fielding Games - Rounders