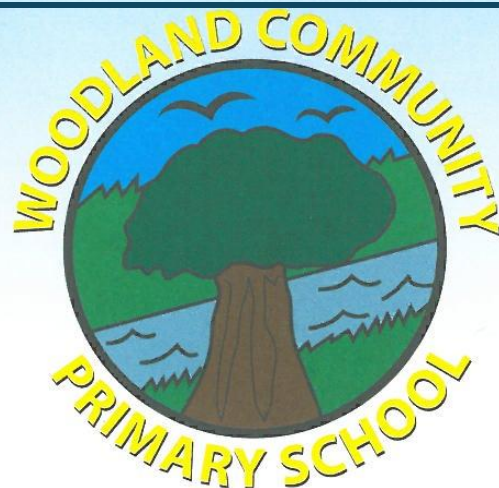




PSHE and RSE Policy

Woodland Community Primary School

Policy Status: Statutory

Approved by: Governing Body

Policy Owner: PSHE Subject Leader (Emma Wiles & Vicky Beeley)

Date Approved: September 2026

Review Date: September 2027

Policy Statement

At Woodland Community Primary, Personal, Social, Health and Economic (PSHE) Education supports pupils to develop the knowledge, skills and attributes needed to thrive as individuals and responsible members of society.

Our PSHE programme includes statutory **Relationships Education and Health Education** and contributes significantly to pupils' **personal development, wellbeing, safeguarding awareness and preparation for life in modern Britain**.

The school recognises that effective PSHE education:

- promotes pupil wellbeing
- supports safeguarding and child protection
- develops resilience and emotional literacy
- prepares pupils for adulthood.

This policy is written in accordance with statutory guidance from the Department for Education:

Statutory Core

Relationships Education and Health Education are statutory for all primary pupils. Sex education beyond the mandatory National Curriculum for Science is not compulsory in primary schools and, where provided, is subject to the arrangements set out in this policy.

- **Education Act 2002**
- **Children and Social Work Act 2017**
- **Equality Act 2010**
- **Keeping Children Safe in Education 2025**
- **Relationships Education, Relationships and Sex Education (RSE) and Health Education**

Policy Aims

The aims of PSHE education at **Woodland Community Primary School** are to enable pupils to:

- develop **confidence, resilience and independence**
- build **healthy and respectful relationships**
- recognise and manage **emotions and mental wellbeing**
- understand how to **stay safe in the real and online world**
- make **informed decisions about health and lifestyle**
- understand **rights, responsibilities and diversity**
- prepare for **life in modern Britain**

Intent

Our PSHE curriculum aims to equip pupils with the knowledge, skills and attitudes required to lead **healthy, safe and responsible lives**.

The curriculum reflects:

- statutory RSE requirements
- safeguarding priorities
- pupil wellbeing needs
- the values of the school community.

Implementation

PSHE is delivered through:

- discrete PSHE lessons
- cross-curricular links
- assemblies
- themed weeks
- pastoral support and enrichment activities
- Outside agencies, e.g. Compass Bloom

Teaching approaches include:

- discussion and reflection
- collaborative learning
- scenario-based activities
- role play and problem solving

Lessons are designed to provide a **safe and supportive learning environment** where pupils feel confident to discuss sensitive topics respectfully.

Impact

The impact of the PSHE curriculum is evidenced through:

- pupil voice
- lesson observations
- work scrutiny
- behaviour and safeguarding records
- assessment of pupil understanding.

Pupils demonstrate:

- improved emotional literacy
- respectful attitudes toward others
- knowledge of how to stay safe
- responsible decision-making skills.

Curriculum Content

PSHE teaching reflects three core themes.

Relationships Education

Pupils learn about:

- families and people who care for them
- caring friendships
- respectful relationships
- online relationships
- being safe.

Teaching emphasises the **characteristics of healthy relationships**, including:

- respect
- kindness
- honesty
- trust
- consent and boundaries.

Health Education

Health education supports pupils to understand the characteristics of **good physical health and mental wellbeing**.

Topics include:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- drugs, alcohol and tobacco awareness
- health and prevention
- basic first aid
- changing adolescent bodies.

Wider PSHE Education

Additional PSHE learning includes:

- financial awareness and economic wellbeing
- citizenship and democracy
- identity and self-esteem
- diversity and equality
- risk management and decision making.

Safeguarding

PSHE contributes directly to safeguarding by helping pupils understand how to:

- recognise unsafe situations
- identify trusted adults
- seek help and support
- understand online risks.

All safeguarding concerns arising from PSHE lessons will be managed according to the school's safeguarding procedures in line with **Keeping Children Safe in Education 2025**.

Staff are trained to manage disclosures sensitively and appropriately.

Teaching uses medically accurate and age-appropriate anatomical terminology, including correct terminology for genitalia, where relevant to the curriculum. This supports safeguarding, helps pupils communicate concerns clearly, and reduces stigma.

PSHE education is inclusive and accessible to all pupils.

The curriculum reflects the duties outlined in the **Equality Act 2010** by promoting:

- respect for diversity
- equality of opportunity
- inclusive representation of families and communities.

Teaching is adapted to meet the needs of:

- pupils with SEND
- pupils with additional pastoral needs
- pupils from diverse cultural backgrounds.

Sex Education in Woodland Primary School

Sex education beyond the national curriculum science content is **not compulsory in primary schools**.

Where appropriate, the school may teach age-appropriate content to prepare pupils for secondary education, including:

- puberty and physical changes
- reproduction in humans
- personal hygiene.

Parents have the **right to withdraw their child from any non-statutory sex education**.

Requests for withdrawal should be made in writing to the headteacher.

Parents will be informed about the distinction between statutory Relationships and Health Education, mandatory Science content, and any non-statutory sex education, including the scope of any withdrawal right.

Working with Parents and Carers

The school recognises parents as the **primary educators of their children**.

To support partnership working the school will:

- share information about the PSHE curriculum
- offer opportunities for parental consultation
- make curriculum materials available upon request.

Parents will be informed when sensitive topics are taught.

Monitoring and Evaluation

PSHE provision is monitored by:

- the PSHE subject leader
- the senior leadership team
- the governing body.

Monitoring activities include:

- curriculum review
- pupil voice
- staff feedback
- lesson observations
- policy review.

Findings are used to inform curriculum development and staff training.

Roles and Responsibilities

Governing Body

The governing body is responsible for ensuring that the school complies with statutory requirements.

Headteacher

The headteacher ensures the policy is implemented effectively and that staff receive appropriate training.

PSHE Subject Leader

The PSHE lead:

- monitors curriculum delivery
- supports staff with planning
- reviews teaching resources
- reports to leadership and governors.

Teachers

Teachers are responsible for delivering PSHE in line with this policy and creating a safe learning environment.

Policy Review

This policy will be reviewed **annually** or sooner if there are changes to statutory guidance.