



Nursery

Autumn Term 1

September- October 2025

Physical Development

The children will be introduced to dough disco which will help develop their fine motor skills. This involves using playdough and performing a range of hand and finger movements to music. We will be taking part in weekly PE lessons. Children will be introduced to Physical Education and structured movement through the topic of 'fantasy and adventure'. They will spend time learning basic principles of a PE lesson such as finding space, freezing on command, using and sharing equipment and working individually, with a partner and group. They will take part in activities which will develop fundamental movement skills such as running, jumping and skipping.

Religious Education

During the Creation and Covenant unit, the children will learn that God created our beautiful world and everything in it, including us! They will learn that God loves us and we are part of a family. Across this half term, the children will explore our role in taking care of God's creation and treating each other in a caring way. They will also learn about ways of talking to God through prayer. This will include learning the words and actions of the sign of the cross.

Mathematics

In our Maths sessions this half term, children will be learning a variety of number songs. They will use props to act out the songs, helping them to count in sequence, develop one-to-one correspondence, and begin to recognise changes when items are added or taken away. Children will also start to explore the properties of objects—such as colour, size, and shape—through a range of engaging matching and sorting games and activities.

Expressive Arts and Design

This half term, children will be introduced to our painting and creative stations, where they will begin to explore a variety of media and use their imaginations to bring ideas to life. We will also create themed crafts linked to our Understanding the World topic, using natural materials to support creativity and curiosity. Children will take part in weekly music lessons following our Sing Up scheme. The first unit focuses on making friends, turn-taking, sharing, working collaboratively, and building confidence and a sense of belonging in a classroom full of new faces.

Personal, Social and Emotional Development

Our 'My Happy Mind' topic this half term will be 'Meet your Brain'. The children will be learning all about their brain and mind, building an understanding of how it works and ways to manage their emotions and keep their brains healthy. They will be learning mindfulness techniques which will help them to slow down their breathing, feel calm and feel in control of their emotions.

Communication and Language

As children settle into Nursery they will become familiar with the daily routine by listening and paying attention to what is happening around them. The children will engage in a range of listening games and will be encouraged to follow simple instructions. To develop the children's communication skills, they will be introduced to a wide range of vocabulary and learn the names of familiar objects, people and actions.

Literacy

Children will engage daily in listening to and sharing a rich variety of stories, rhymes, and songs. This term our key texts include 'Our Class is a Family', 'All are Welcome', and 'Monkey Puzzle'. We will offer a range of mark-making opportunities to encourage children to explore early writing by making marks and beginning to attach meaning to them. Additionally, we will introduce daily 'Squiggle while you wiggle' sessions to support the development of essential pre-writing skills. In phonics, children will begin to build their listening & attention skills through activities focused on environmental sounds, instrument sounds and body percussion.

Understanding the World

Our topic this term will be 'all about me'. The children will be learning and talking about themselves and their families, their likes and dislikes. We will focus on all of the things which makes them special and unique. They will also be learning all about the similarities and differences between themselves and other people, starting with how we are different from our friends in class. We will begin to notice changes around us in the natural world as the seasons begin to change.

Thank you for your continued support.

Miss Turner & Miss Vaughan