

Year 5: Curriculum

Core lessons, rationale and assessment endpoint

Why this? Why now?

Year 5 reflects increased independence, puberty and online risk: boundaries, grooming, media literacy, deepfakes, money risk, gambling, phones, drugs and wellbeing pressures.

Key endpoint

Pupils can recognise grooming and peer pressure, explain boundaries, report online worries, describe puberty/menstruation and evaluate online/media influence.

Core focus

peer pressure

personal boundaries

grooming

deepfakes

puberty

drugs/alcohol

Wider provision / enhancement

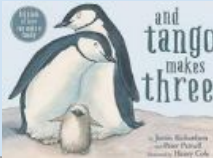
A major safeguarding year: online and offline risk are deliberately taught together.

Strand one of the Pol-Ed curriculum for Year 5 focuses on strengthening pupils' ability to manage influence, set boundaries and stay safe online and offline. As their independence grows, strand two encourages pupils to think their online behaviour, risky situations and substances in an age appropriate way. Through strand three, they explore identity, the emotional changes linked to puberty and how personal choices affect wellbeing. This supports resilience, informed decision making and confidence during a period of significant change.

Pol-Ed: Relationships, Wellbeing, Understanding the Law, Keeping Safe

Autumn Pol-Ed Strand 1 No Outsiders at start and end of Autumn 1	What does Ready, Respectful, Responsible and Safe look like?	How can my adult relationships affect my future?	International Day of Democracy - School Council Elections	Why are our special people important?	World Mental Health Day	Black History Month + SUMO Learn Latin	No Outsiders
	How do rules help our community?	Remembrance	Odd Socks Day/Anti-Bullying Week/Children in Need	What are my personal boundaries?	What is peer pressure?	What are online friendships?	No Outsiders
Spring Pol-Ed Strand 2	What is grooming? (Strand 1)	How do words have power? (Strand 1)	What are the risks with money?	No Outsiders	NSPCC Number Day	Safer Internet Day	
	What is gambling?	World Book Day	How can we keep our things safe?	How can we use our phones sensibly?	No Outsiders		
Summer Pol-Ed Strand 3	What can and can't I do on the internet? (Strand 2)	What is media literacy (Strand 2)	What are deep fakes? (Strand 2)	What is media influence? (Strand 2)	What do I know about drugs? (Strand 2)	What is my personal identity?	No Outsiders
	How might puberty impact the way I feel?	How might being online impact the way I feel?	How might activity levels impact the way I feel?	How might school impact the way I feel?	How can drugs and alcohol make people feel?	Kidsafe	Festival

The No Outsiders Book Spine:

Year 5	Book title and Author	Learning Intention	Theme Covered
	Where the Poppies Now Grow Hilary Robinson and Martin Impey	To learn from our past	Individual Liberty
	Rose Blanche Ian McEwan and Roberto Innocenti	To justify my actions	Mutual Respect and Tolerance Religion, Race, Prejudice Discrimination
	How to Heal a Broken Wing Bob Graham	To recognise when someone needs help	Empathy
	The Artist who Painted a Blue Horse Eric Carle	To appreciate artistic freedom	Individual Liberty
	And Tango Makes Three Justin Richardson and Peter Parnell	To exchange dialogue and express an opinion	Sexual Orientation Prejudice Accepting Difference