

Year 3: Curriculum

Core lessons, rationale and assessment endpoint

Why this? Why now?

Year 3 revisits and deepens core protective messages as pupils enter KS2: consent in friendship, risk, worries, unsafe secrets, children's rights, law and mental health.

Key endpoint

Pupils can explain consent in friendships, identify when a secret should be shared, describe rights/law and name support for worries or mental health.

Core focus

key people

consent

risk

break a secret

children's rights

mental health

Wider provision / enhancement

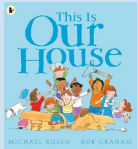
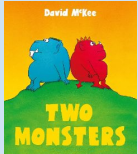
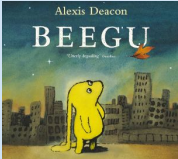
This is a key transition year into more explicit citizenship and safeguarding vocabulary.

Strand one of the Pol-Ed Curriculum for Year 3 helps pupils deepen their understanding of friendships, consent within social interactions and knowing when to seek help. Through strand two, they develop awareness of different types of risk and learn how to respond to emergencies. In strand three, pupils explore why rules and rights help to keep people safe. These lessons strengthen pupils' ability to navigate more complex social situations and broaden their understanding of their place in the wider community.

Pol-Ed: Relationships, Wellbeing, Understanding the Law, Keeping Safe

Autumn Pol-Ed Strand 1	What does Ready, Respectful, Responsible and Safe look like?	Who are my key people?	International Day of Democracy - School Council Elections	How should we treat people?	World Mental Health Day	Black History Month + SUMO Hippo Time is OK	No Outsiders
	What can I do when friendships go wrong?	Remembrance	Odd Socks Day/Anti-Bullying Week/Children in Need	What do we mean by consent in friendships?	What is bullying?	How does school help me?	No Outsiders
Spring Pol-Ed Strand 2	What are emergency services?	What are emergency situations?	What do we mean by risk?	No Outsiders	NSPCC Number Day	Safer Internet Day	
	When should I break a secret?	World Book Day	What words can I use to talk about my feelings?	How can I share my worries?	No Outsiders		
Summer Pol-Ed Strand 3	How can I be a responsible citizen?	What is the law and why do we have it?	How do we enforce the law?	What are pupils' rights?	How can vaccinations support our health?	What is mental health?	No Outsiders
	How can intense feelings feel?	What am I good at?	Kidsafe	Kidsafe	Kidsafe	No Outsiders	Festival

The No Outsiders Book Spine:

Year 3	Book title and Author	Learning Intention	Theme Covered
	Oliver Birgitta Sif	To understand how difference can affect someone	Mutual Respect and Tolerance
	This is Our House Michael Rosen	To understand what discrimination means	Mutual Respect and Tolerance Discrimination
	Two Monsters David McKee	To find a solution to a problem	Democracy Individual Liberty
	The Hueys in the New Jumper Oliver Jeffers	Use strategies to help someone who feels different	Mutual Respect and Tolerance
	Beegu Alexis Deacon	To be welcoming	Mutual Respect and Tolerance