

Year 1: Curriculum

Core lessons, rationale and assessment endpoint

Why this? Why now?

Year 1 secures the initial building blocks: healthy friendship, speaking up, trusted adults, rules, bullying, empathy, responsibility and private information.

Key endpoint

Pupils can explain who helps them, what to do when a friendship feels wrong, why rules matter and how to share feelings safely.

Core focus

make friends

trusted adults

999

private information

bullying

share feelings

Wider provision / enhancement

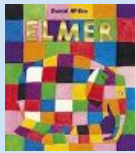
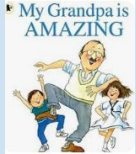
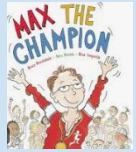
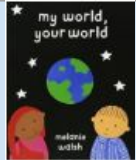
No Outsiders strengthens understanding of race, gender equality, age, disability and difference.

Strand one of the Pol-Ed Curriculum for Year 1 strengthens pupil's confidence in expressing feelings, forming positive relationships and recognising when something doesn't feel right. Through strand two, pupils learn how to stay safe and seek help from trusted adults. In strand three, pupils begin to understand personal and shared responsibility and what it means to take ownership of their behaviour and choices. Year 1 builds on EYFS foundations and supports pupils to become increasingly independent and aware of how their actions affect others.

Pol-Ed: Relationships, Wellbeing, Understanding the Law, Keeping Safe

Autumn Pol-Ed Strand 1	What does Ready, Respectful, Responsible and Safe look like?	How can I make friends?	International Day of Democracy - School Council Elections	What if my friends are making me feel sad?	World Mental Health Day	Black History Month + SUMO Change your T Shirt	No Outsiders
	How can I be an empathy expert?	Remembrance	Odd Socks Day/Anti-Bullying Week/Children in Need	How can I be an ally?	What makes me special?	What do feelings feel like?	No Outsiders
Spring Pol-Ed Strand 2	How can I keep safe in new places?	How can I use things at home safely?	What is Private information?	No Outsiders	NSPCC Number Day	Safer Internet Day	
	Who are my trusted adults?	World Book Day	How can I speak up?	How can I share my feelings?	No Outsiders		
Summer Pol-Ed Strand 3	How can I be responsible?	What is bullying?	Why is name calling unkind?	Kidsafe	Kidsafe	Kidsafe	No Outsiders
	What do the police do?	Police Visit	What is 999?	Why have different rules in different places?	What can happen when rules are broken?	No Outsiders	Festival

The No Outsiders Book Spine:

Year 1	Book title and Author	Learning Intention	Theme Covered
	Elmer David McKee	I like the way I am	Race Mutual Respect and Tolerance
	Ten Little Pirates Mike Brownlow and Simon Rickerty	To play with boys and girls	Gender Equality Mutual Respect and Tolerance
	My Grandpa is Amazing Nick Butterworth	To recognise that people are different ages	Mutual Respect and Tolerance
	Max the Champion Alexandra Strick and Ross Asquith	To understand that our bodies work in different ways	Mutual Respect and Tolerance
	My World, Your World Melanie Walsh	I share the world with lots of people	Race Mutual Respect and Tolerance