



Stroud Valley Community School

Dear Parents

In **Terms 4 and 5**, Reception children will be taking part in **Bike Ability sessions** on **Friday afternoons**.

These sessions will be provided **at no cost**, and **all bikes and helmets will be supplied by Move More who will be running the sessions**.

Children are welcome to come to school in their **PE kit on Fridays** if they wish. Please ensure that:

- Long hair is **tied up**
- Children wear **sensible shoes**
- Children bring **gloves** for the session

Bike Ability is a fun and valuable opportunity for children to develop confidence, balance, and basic cycling skills in a safe environment.

If you have any questions, please do not hesitate to speak to a member of the Reception team.

Kind regards,

The EYFS Team