

## Bikeability Level 2 Training 2025-2026 Guidance Notes for Schools

### WHAT is the Bikeability Cycle Training Scheme?

Bikeability is designed to give the next generation the skills and confidence to make journeys by cycle on the roads. There are 3 Bikeability Levels (<https://www.bikeability.org.uk/get-cycling/cycle-training-for-children/>) with each level designed to help improve their cycling skills, no matter what they know already. This course covers Levels 1 & 2, taking trainees from the basics of balance and control through making a journey on roads with low to medium traffic levels. This training will-

- ✓ Help pupils develop their skills and understanding as safe road users
- ✓ Promote physical activity as part of a lifelong healthy lifestyle
- ✓ Make a positive impact on pupils' personal development, especially the potentially vulnerable and those at risk of underachievement, building self-confidence and independence.

**Cycling and learning to be safe, responsible road user are valuable life skills.** Please support us in delivering this complete training package for the benefit of pupils and to meet the funding requirements agreed with Active Travel England. Ensure the time booked for training does not clash with other commitments for pupils and prioritise Bikeability during that time. **We are not able to cut corners on this Bikeability Trust funded training.**

### HOW much does it cost?

We ask for just £10 per child cyclist. The actual cost of providing this training is closer to £50 per pupil, the difference is made up by central government grant from Active Travel England. **Pupils who are eligible for free school meals can have free Bikeability training.**

### WHO is involved in the scheme?

**Pupils-** Bikeability is recommended for Year 6 children and Year 5 children during the Spring term. Bikeability is only for pupils who can ride a bike and who have not previously completed a Level 2 course.

**Thinktravel Team** - will provide accredited National Standard Instructors with an enhanced DBS clearance. All our instructors are insured for Public liability & Professional indemnity and Safeguarding and First Aid Trained. Personal accident insurance is the responsibility of the individual.

## WHERE does cycle training take place?

Training will be carried out on risk assessed roads in the vicinity of your school. You will be able to see a copy of the risk assessment for your school before the pupils go out on road. Risk assessments are accessed online through the Cycle Ready booking portal – [cycleready.gloucestershire.gov.uk](http://cycleready.gloucestershire.gov.uk)

## WHEN does cycle training take place?

Cycle training is carried out during school time.

- Courses will usually give pupils up to 6 hours of training consisting of-
  - An off-road (playground) session of up to 2 hours with up to 12 pupils per instructor.
  - On road sessions of up to 4½ hours usually with 3 pupils per instructor.
  - Smaller instructor/pupil ratio session may be completed in less time.
- Courses will usually be delivered in either 1½ hr. sessions over 4 days or 2 hr. sessions over 3 days.
- Specific arrangements for time tabling will be made at the time of booking with your instructor team leader.

**Please provide the instructors an indoor space for writing up assessments and certificates at the end of the training sessions.**

## WHAT do I need to do now?

- Complete the online booking, ensure that the section about pupil's special needs, disabilities or medical conditions is completed. Please upload all pupil details onto Cycle Ready at least 2 weeks before the booking is due to take place.
- Make the appropriate payment by ITV (with details and cost code) or by cheque. Please make these payable to 'Gloucestershire County Council' and send it to the address below.

## HOW do we reduce risk when training?

- Instructors will inspect all cycles before training begins and will encourage the children to make their own daily checks. They cannot allow a defective cycle to be used for the training.
- High visibility waistcoats will be supplied for both instructors and trainees. The wearing of a helmet is mandatory for the training unless exemption given by both the school and the Thinktravel team.



## HOW do we make assessments and awards?

The pupils are continually assessed throughout training. Each will have an individual achievement certificate at the end of the course that will detail the standard they have reached. These will be given to the school to award to pupils together with their Bikeability badges.

**PLEASE NOTE-** Completion of this course will not necessarily mean that all pupils will be ready to ride unaccompanied on road. It is important that children get continued adult support with cycling after training and that parents/carers are familiar with an individual's outcomes as shown on the certificate and consider these when planning any cycling activity for them.

Many thanks for your help and support with this.

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