WEEK 1 Weeks beginning:  24 <sup>th</sup> November 15 <sup>th</sup> December 5 <sup>th</sup> January 26 <sup>th</sup> January 23 <sup>rd</sup> February	MONDAY MAINS Tuna Pasta Bake Macaroni Cheese Jacket Potato with cheese & beans  SIDES	TUESDAY MAINS Beefburgers Vegan hot dog (VE) with pasta or homemade potato wedges  SIDES	WEDNESDAY  MAINS  Roast pork  Quorn fillet (VE)  with roast potatoes/ wholewheat pasta	THURSDAY  MAINS  Cottage Pie  Vegan sausages  with mash/ wholewheat pasta	FRIDAY MAINS Breaded cod finger Vegan sausage roll (VE) with chips/ wholewheat pasta  SIDES
16 <sup>th</sup> March	Seasonal vegetables  DESSERT Fruit yoghurt	Seasonable vegetables  DESSERT  Fruit flapjack	Seasonal vegetables <u>DESSERT</u> Fruit jelly	Seasonal vegetables  DESSERT  Fruit yoghurt	Seasonal vegetables <u>DESSERT</u> Fruit flapjack
WEEK 2 Weeks beginning:  1st December 12th January 2nd February	MONDAY MAINS Pork sausages Vegan sausages (VE) with mash/ wholewheat pasta	TUESDAY  MAINS  Jacket potato with tuna  Jacket potato with  cheese & beans	WEDNESDAY MAINS Roast chicken Quorn roast (VE) with roast potatoes/ wholewheat pasta	THURSDAY MAINS Beef lasagne Vegetable stir fry with rice	FRIDAY MAINS Pollock fillet Vegan sausage roll (VE) with chips/ wholewheat pasta
2 <sup>nd</sup> March 23 <sup>rd</sup> March	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables
	<u>DESSERT</u> Fruit yoghurt	<b>DESSERT</b> Fruit flapjack	<u>DESSERT</u> Fruit jelly	<b><u>DESSERT</u></b> Fruit yoghurt	<b>DESSERT</b> Fruit flapjack
WEEK 3 Weeks beginning:  8th December 19th January 9th February 9th March	MONDAY MAINS Beef Hotpot Vegan Hotdog with wholewheat pasta	TUESDAY MAINS Thai chicken curry Thai vegetable curry with rice	WEDNESDAY MAINS Roast gammon Quorn fillet (VE) with roast potatoes/ wholewheat pasta	THURSDAY MAINS Spaghetti bolognese Jacket potato with cheese & beans	FRIDAY MAINS Salmon fishcake Vegan sausage roll (VE) with chips/ wholewheat pasta
	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables	<u>SIDES</u> Seasonal vegetables
	<b>DESSERT</b> Fruit yoghurt	<b>DESSERT</b> Fruit flapjack	<u>DESSERT</u> Fruit jelly	<u>DESSERT</u> Fruit yoghurt	<u>DESSERT</u> Fruit flapjack

The second choice each day is suitable for vegetarians.

Vegan friendly is marked with (VE)

A vegan or vegetarian option can be put in place
when not available on the menu for that day.

Fresh seasonal salad, fresh wholewheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For information regarding allergens or if any special diets are required please speak to Diana Lune, school cook.



## School Lunch Menu

Winter 2025/26