

All about me- term 1

All About Me is reception's first topic, children will be learning to talk about themselves, their families, and the things that make them unique. They develop confidence in sharing their likes and dislikes, describing their appearance, and recognising their feelings. They also begin to understand how to keep themselves healthy and safe, and learn to celebrate the similarities and differences between themselves and others.

Key vocabulary

Family	The people who love and care for you, such as parents, brothers, sisters, or other grown-ups who look after you.
Friend	People you like to play with and who make you feel happy and safe.
Unique	Something that is one of a kind — no one else is exactly like you!
Special	Something or someone that is important and makes you feel happy or proud.



Sticky knowledge

- Every person is different, and that is what makes them special.
- No one else looks, sounds, or feels exactly the same as me.
- I know my name, age, and some things I like and dislike.
- I can talk about my family and home.