SCHOOL MENU – WEEK COMMENCING 9th NOVEMBER 2026

	A	B	C D	P FR
MONDAY	Cod fish Stars with Chips & Peas G(wheat).F	Mediterranean Pasta Bake with Mixed Veg G(wheat).M C	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M	Syrup Sponge & Custard G(wheat).E,M or Selection of Fresh Fruit
TUESDAY **Sugar Free Day**	Meat Pie, Potatoes, Mixed Veg & Gravy G(wheat & Barley).SB*.C.E.MU*M	Cheese Whirl with Potatoes and Baked Beans M, G (wheat) E	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M	Fresh Fruit Salad or Low Fat Fruity Yoghurt M
WEDNESDAY	Cheese and Tomato or Pepperoni Pizza, Wedges and sweetcorn G(wheat) M SD	Salmon Fishcake, Wedges and Peas G(wheat) F	Jacket Potato with cheese & beans M Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M	Rice Pudding or Ashleigh Biscuit G(wheat) M or Fresh fruit
THURSDAY	Mince Beef Hot Pot with cabbage and Gravy G(wheat & Barley).SB*.C.E.MU*M	Poco Panini with Ham and Chees Filling, potato wedges and salad G (wheat & barley) M	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M	Raspberry bun or Selection of fresh fruit G(wheat). E SD
FRIDAY	Beef Burger in a bun with Sweetcorn G(wheat) SB C	Quorn Burger in a bun with Sweetcorn G(wheat).M.SB	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M	Mousse M or Low Fat Fruity Yoghurt M

Also

available fresh bread, fresh fruit & salad with milk or water

*** May contain***

Allergen abbreviations:

Cereal (gluten) – G ***Fish – F*** ***Nuts – N*** ***Sulphur Dioxide – SD*** ***Crustaceans – CT*** ***Peanuts – PN*** ***Celery – C***
Lupin – L ***Eggs – E*** ***Soybeans – SB*** ***Mustard – MU*** ***Molluscs – MO*** ***Sesame – S*** ***Milk – M***

C= Jacket Potato choice & D = Sandwich choice (allergens are the same for both options) P = Pudding & FR = Fruit