

SCHOOL MENU - WEEK COMMENCING 19TH OCTOBER 2026

	A	B	C	D	P	FR
MONDAY	Cod fish Stars with Chips & Peas G(wheat).F	Mediterranean Pasta Bake with Mixed Veg G(wheat).M C	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M		Decorated Sponge G(wheat).E, or Selection of Fresh Fruit	
TUESDAY Sugar Free Day	Mince Beef and Yorkshire Pudding Potatoes, Mixed Veg & Gravy G(wheat & Barley).SB*.C.E.MU*M	Cheese Whirl with Potatoes and Baked Beans M, G (wheat) E	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M		Fresh Fruit Salad or Low Fat Fruity Yoghurt M	
WEDNESDAY	Cheese and Tomato or Pepperoni Pizza, Wedges and sweetcorn G(wheat) M SD	Salmon Fishcake, Wedges and Peas G(wheat) F	Jacket Potato with cheese & beans M Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M		Rice Pudding or Ashleigh Biscuit G(wheat) M or Fresh fruit	
THURSDAY	Mince Beef Hot Pot with cabbage and Gravy G(wheat & Barley).SB*.C.E.MU*M	Poco Panini with Ham and Chees Filling, potato wedges and salad G (wheat & barley) M	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M		Raspberry bun or Selection of fresh fruit G(wheat). E SD	
FRIDAY	Beef Burger in a bun with Sweetcorn G(wheat) SB C	Quorn Burger in a bun with Sweetcorn G(wheat).M.SB	Jacket Potato with cheese & beans M A variety of Sandwiches (Ham, Cheese or Tuna Mayo) F.SB.E.G(wheat).MU M		Mousse M or Low Fat Fruity Yoghurt M	

Also

available fresh bread, fresh fruit & salad with milk or water

* May contain

Allergen abbreviations:

Cereal (gluten) – G

Fish – F

Nuts – N

Sulphur Dioxide – SD

Crustaceans – CT

Peanuts – PN

Celery – C

Lupin – L

Eggs – E

Soybeans – SB

Mustard – MU

Molluscs – MO

Sesame – S

Milk – M

C= Jacket Potato choice & D = Sandwich choice (allergens are the same for both options) P = Pudding & FR = Fruit