



PSHE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 <i>Age 5-6</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>
Year 2 <i>Age 6-7</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>
Year 3 <i>Age 7-8</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>
Year 4 <i>Age 8-9</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>
Year 5 <i>Age 9-10</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>
Year 6 <i>Age 10-11</i>	Being Me in My World <i>Who am I and how do I fit?</i>	Celebrating Difference <i>Respect for similarity and difference. Anti-bullying and being unique</i>	Dreams and Goals <i>Aspirations, how to achieve goals and understanding the emotions that go with this</i>	Healthy Me <i>Being and keeping safe and healthy</i>	Relationships <i>Building positive, healthy relationships</i>	Changing Me <i>Coping Positively with Change</i>