



St Sebastian's R.C. Primary School
Douglas Green
Salford M6 6ET

Headteacher Mrs C.Doyle
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Wednesday 9th September 2026

Dear parents and guardians,

As part of our R.H. E. (relationships and health education) curriculum, we will be delivering lessons during the autumn term regarding health and relationships. The lessons will consist of discussions around physical and emotional changes as children develop and will focus on supporting children through these changes. All the lessons will be age appropriate and the resources used have been approved by the Diocese and the Governors. The scheme we use is called 'Life to the Full'.

Below is a list of the objectives covered that will be explored in your child's year group.

Parents continue to have the right to withdraw their children from Sex Education except in those elements which are required by the National Curriculum science orders. Should parents wish to withdraw their children they are asked to notify the school by contacting the headteacher.

If you have any questions, please do not hesitate to contact your child's teacher.

A copy of our policy can be found on the school website [St Sebastian's RC Primary School: RSHE](#)

You can also access the parent portal to find out more information
<https://www.tentenresources.co.uk/programmes/life-to-the-full-primary/page/online-parent-portal-guide/>

Yours faithfully,

A handwritten signature in blue ink that reads 'CS Doyle'.

Mrs Doyle

Year 2

In Year 2, the learning objectives of the scheme are as follows:

We are created individually by God.

God wants us to talk to Him often through the day and treat Him as our best friend.

God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness.

We are created as a unity of body, mind and spirit: who we are matters and what we do matters.

We can give thanks to God in different ways.

That we are unique, with individual gifts, talents and skills

That our bodies are good

The names of the parts of our bodies

That girls and boys have been created by God to be both similar and different and together make up the richness of the human family

That our bodies are good and we need to look after them

About what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating

The importance of sleep, rest and recreation for our health

How to maintain personal hygiene

That it is natural for us to relate to and trust one another

That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)

About language to describe our feelings

In a simple way, that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character

Simple strategies for managing feelings and for good behaviour

That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do

That Jesus died on the cross so that we would be forgiven

That there are natural life stages from birth to death, and what these are - typically naming baby, child, teenager, adult, old age adult

What 'death' means

About some feelings often connected with grief

What the Christian faith says about death and eternal life

Some ways to support themselves and others when they are grieving

That the internet connects us to others and helps us in lots of ways.

Our feelings matter – both online and offline.

That Jesus cares about our feelings and gives us peace.

To understand what situations are safe and unsafe, including online.

To ask for adult help with anything that worries them or makes them feel unsafe.

That God is love: Father, Son and Holy Spirit

That being made in His image means being called to be loved and to love others

What a community is, and that God calls us to live in community with one another

A scripture illustrating the importance of living in community as a consequence of this

Jesus' teaching on who is my neighbor

That they belong to various communities such as home, school, parish, the wider local community, nation and global community

That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc

That we have a duty of care for others and for the world we live in (charity work, recycling etc.)

What harms and what improves the world in which we live in simple terms