WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Crispy chicken wrap & spanish potatoes	Chicken tikka masala served with rice & naan	Roast beef, with Yorkshire pudding, roast potatoes & gravy	All day breakfast	Fish with chunky chips
Vegetarian Main dish	Pizza Naan & new potatoes	Tomato & basil pasta with garlic bread	Vegan sausage & mash potato with gravy	Quorn™ lasagne with garlic bread	Southern fried quorn burger with chunky chips
Accompaniments	Peas & baked beans Salad bar	Carrots & Cabbage Salad bar	Cauliflower cheese & broccoli	Baked beans & broccoli Salad bar	Peas & baked beans Salad bar
Desserts	Strawberry bun	Jam sponge with custard	Chocolate & orange cookie	Sticky toffee pudding with custard	5 A DAY Fresh fruit & whip
Fresh fruit or yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt
Jacket potato and sandwich selection	Jacket potato with Tuna-mayo	Jacket potatoand sandwich selection	Cheese wrap	Jacket potato with Beans	Salmon fish finger bap

