

HOLLY GROVE SCHOOL NEWSLETTER

3RD OF JULY 2026



www.holly-grove.lancs.sch.uk

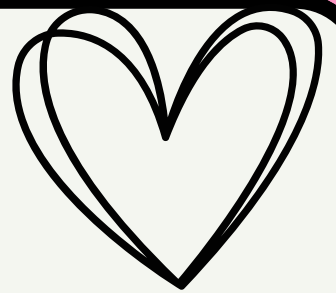


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Please contact newsletter@holly-grove.lancs.sch.uk, If you would like to share any news on the newsletter, or if you would like to view this newsletter in an alternate language.



You cannot pour from an empty cup. Taking care of yourself is part of taking care of your child

BE KIND
TO YOUR
MIND

Staff Development



8TH of July New Class Teams



Chill and Chat



We are holding our next Chill and Chat group on

**TUESDAY 14TH OF JULY 2026
FROM 1-3 PM**

This month, our Chill & Chat session will not have a guest speaker. Instead, we're creating a relaxed space for parents and carers to simply enjoy a cuppa, have a chat, share experiences, and connect with one another. Whether you're looking to meet other families or just take some time for yourself, we'd love to see you there!

PLEASE FEEL FREE TO BRING IN ANY SNACKS TO SHARE.



SIGN OF THE WEEK

Yes



Yes

No



No



We really welcome any positive comments or suggestions you may have about Holly Grove School. Please click the link to share your views with us. Please note this is for comments and suggestions only and although checked regularly will not be checked daily. Any queries, concerns or complaints should be submitted in the normal way by contacting your child's class teacher, a member of SLT or by following the Procedure for Handling Complaints Policy which can be found on our school website or by requesting a copy from the school office.

<https://docs.google.com/forms/d/e/1FAIpQLSfTyPviLN3pzurXOkYakrxOY-1cllSF5rlyZBfDNltKBx3WfQ/viewform?usp=header>

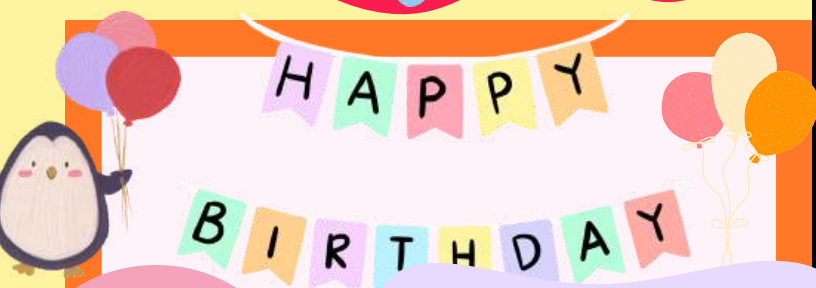


**10TH JULY
46 CELEBRATION
EVENING/ PROM**

**13TH JULY
AWARDS CEREMONY**

**17TH JULY
CLOSURE AFTER SCHOOL
FOR SUMMER HOLIDAYS**

You can access all our policies and privacy notices on the school website
www.holly-grove.lancs.sch.uk



Staff

29th Leah

1st Moxey

3rd - Georgia

4th Lisa -

Jane

Children

29th Logan & Jack

HOLLY GROVE HEROES



Aisling's Class-Merab

Katie's Class -Zach

Samantha's Class-Avery

Leah's Class-Arthur

Josh's Class- Kaiton

Courtney's Class-Henry

Laura's Class -Eva

Julie's Class-Ashley

Adam's Class -Louie

Libby's Class -Talha

Jenny's Class-Theo

Michael's Class-Josh

Stay Safe Around Water This Summer!

With the recent spell of hot weather, many families will be heading to beaches, rivers, lakes and other outdoor water spots to cool down. While enjoying the sunshine, it's important to remember that water can be dangerous, even on warm days.

The Met Office has advised that periods of extreme heat can increase the risk of water-related incidents, as more people visit open water and use paddling pools. Please help keep your family safe by remembering these important water safety messages:

- **Float to Live** – If you find yourself in difficulty in the water, tilt your head back with your ears submerged, relax, and try to control your breathing. Once calm, call for help or swim to safety if you can.
- **Cold Water Shock** – Even when the weather is hot, rivers, lakes and the sea can remain very cold. Sudden immersion in cold water can cause an involuntary gasp and make it difficult to swim.
- **Phone, Float, Throw** – If you see someone in trouble:
 - **Phone 999 immediately and ask for the Coastguard if at the coast, or Fire and Rescue if inland.**
 - **Encourage them to Float on their back.**
 - **Throw something that floats to help them if it is safe to do so. Never enter the water yourself.**

Children should always be closely supervised in and around water, including paddling pools, and should never be left unattended.

We hope you all have a safe and enjoyable summer.

Jump Back Up July 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together



Pupil Holiday Dates – 2025/2026

Autumn Term 2025

Re-open		Wednesday 3 September 2025
Half Term	5 days	Monday 27 October Friday 31 October (<i>inclusive</i>)
Re-open		Monday 3 November

Christmas - Closure afterschool on Friday 19 December 2025

Spring Term 2026

Re-open		Monday 5th January 2026
Half Term	6 days	Monday 16 February to Monday 23 February (<i>inclusive</i>)
Re-open		Tuesday 24 February

Easter - Closure afterschool on Friday 27 March 2026

Summer Term 2026

Re-open		Monday 13 April 2026
May Day	1 day	Monday 4 May
Half Term	6 days	Monday 25 May to Monday 1 June (<i>inclusive</i>)
Re-open		Tuesday 2 June

Summer - Closure after school on Friday 17 July 2026