

Our Allergen Matrix

Cheese

Cheese (98%)(Milk), Anti-caking Agent(Potato Starch).

Allergens are shown in Bold

Contains: Milk

Baked Beans

Haricot Beans (49%), Tomatoes (38%), Water, Modified Maize Starch, Salt, Spirit Vinegar, Sweetener (Steviol Glycosides), Onion Powder, Paprika Powder, Flavouring.

Allergens are shown in Bold

Tomato & Mascapone Sauce

Cheese (4%) (Cream (Milk), Water, Skimmed Milk Powder, Buttermilk Powder (Milk), Sea Salt, Starter Culture), Sugar, Single Cream (Milk) (3%), Medium Fat Soft Cheese (Water, Cream (Milk), Milk Proteins, Starter Culture, Sea Salt), Modified Maize Starch, Rapeseed

Contains: Milk

Chili con carne

Onion, Red Pepper (3%), Modified Maize Starch, Sugar, Salt, Ground Cumin, Acidity Regulator (Lactic Acid), Paprika, Ground Coriander, Garlic Powder, Chilli Powder, Fat

Tuna

kipjack Tuna (Fish), Sunflower Oil, Water, Salt.

Contains: Fish

sweet potato fries

Potato Starch, Rice Flour, Dextrin, Salt, Thickener(Xanthan Gum), Spice Extract(Paprika Extract), Raising Agent(Sodium Bicarbonate, Disodium Diphosphate).

Hash Browns

Potato, Sunflower Oil, Dried Potato, Salt, Dextrose, White Pepper, Onion Powder.

BBQ Sauce

extract (Water, Soya Beans, Salt, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic acid, Thiamin)), Salt, Glucose, Spirit Vinegar, Barley Malt Extract), Modified Maize Starch, Salt, Caramelised Sugar Syrup, Flavourings (Contain Wheat, Celery),

Contains: Barley, Celery, Gluten, Soya and Wheat

Fish Goujons

Pollock (Theragra chalcogramma) (60%) (FISH); Breadcrumbs [WHEAT Flour, Water, Yeast, Salt, Spice, Rapeseed Oil, Paprika], Water, Rapeseed oil, Batter [WHEAT Flour, WHEAT Starch, Maize Flour, Salt, Raising Agents (Sodium Bicarbonates and Disodium Diphosphates)], Seasoning [Maltodextrine, Dextrose, WHEAT Gluten, Citrus Fibre,

Contains: Gluten, Fish and Wheat
Vegan Fingers
Vegetable Mix (40%) (Carrot, Sweetcorn, Peas), Water, (WHEAT Flour, Rapeseed Oil, Potato Flakes, Starch (Potato, Peas), Salt, Onion Powder, Yeast, Turmeric.
Contains: Gluten and Wheat
Gravy (ve)
Iron, Niacin, Thiamin), Colour (Ammonia Caramel), Sugar, Flavourings, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Emulsifier (Soya Lecithin), Black
Contains: Gluten, Soya and Wheat
Quron Fillets
Gluten, Stabiliser: Carrageenan. Allergy Advice: For allergens, including cereals containing gluten, see ingredients in BOLD.
Contains: Gluten and Wheat
Fries
Potato (96%)(origin: EU/ non-EU), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Dextrose.
50/50 Rice
(50%)
vegan Cheese
Water, Coconut Oil (23%), Modified Starch, Starch, Sea Salt, Flavouring, Rowanberry Extract, Acidity Regulator (Citric Acid), Colour: B- Carotene, Olive Extract, Vitamin B12
Vegan Sausages
Potato, Green Beans (7%), Pea Starch, Water, Cauliflower Florets (4%), Leek (4%), Potato, Salt, Sugar, Yeast Extract, Garlic Powder, Onion Powder, Tomato Powder, Red Pepper Powder, Parsley, Sage, Flavouring, White Pepper, Black Pepper Extract, Sage Extract.
Apple Beucnet
(MILK), EGG, EGG white, dextrose, WHEAT gluten, modified starch, yeast, salt, emulsifier (E471), WHEAT starch, acid (E330), natural flavor, antioxidant (E300), malted WHEAT
Contains: Gluten, Egg, Milk and Wheat
May contain: Hazelnut and Soya
Popdots strawberry Sensations
powder, 3,6% strawberry puree, cocoa butter, LACTOSE (MILK), glucose syrup, vegetable oil (sunflower), dextrose, MILK powder, starch, yeast, skimmed MILK powder, SOYA flour, colour (E160a, E162, E163), raising agents (E450, E500), salt, emulsifiers (E322 SOYA,
Contains: Gluten, Milk, Soya and Wheat
May contain: Egg, Hazelnut, Mustard and Walnut
Doughnuts

Palm Oil, Water, Rapeseed Oil, Raising Agents (Diphosphates, Potassium Carbonates), Skimmed MILK Powder, Defatted SOYA Flour, Whey Powder (MILK), Dextrose, Free Range EGG Yolk Powder, Emulsifiers (SOYA Lecithins, Mono- and Diglycerides of Fatty

Contains: Gluten, Egg, Milk, Oats, Soya and Wheat

Vegan Cookies

(E322 SOYA), natural flavouring), vegetable oils (rapeseed, palm), soft light brown sugar (sugar, cane molasses), water, fat reduced cocoa powder* 4%, dextrose, raising agents (E450, E500), natural flavouring, natural vanilla flavouring, salt, thickener (E415).

Contains: Gluten, Soya and Wheat

May contain: Egg and Milk

Cookies

Brown Sugar, Rapeseed Oil, Egg Powder, Dextrose, Glucose Syrup, Whey Powder (Milk), Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Maize Starch, Wheat Fibre,

Contains: Gluten, Egg, Milk and Wheat

Oat Cookies

Emulsifier(Mono- and Di-Glycerides of Fatty Acids), Acidity Regulator(Citric Acid), Preservative(Potassium Sorbate), Vitamin A, Flavouring, Colour(Beta-Carotene), Vitamin D.

Contains: Gluten and Oats

May contain: Barley and Wheat

Baps

Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative

Contains: Gluten and Wheat

May contain: Sesame

White bread

Spirit Vinegar, Wheat Protein, Emulsifiers [E471, E472e], Vegetable Oils [Rapeseed, Palm], Preservative: Calcium Propionate, Palm Fat, Flour Treatment Agent: Ascorbic Acid (Vitamin

Contains: Gluten and Wheat

May contain: Barley, Oats and Rye

Mayonnaise

Rapeseed oil (78%), pasteurised free range EGGS (8.9%), water, spirit vinegar, sugar, salt, lemon juice concentrate, flavouring, antioxidant (calcium disodium EDTA), paprika extract.

Contains: Egg