















Our Allergen Matrix















Please see below the allergens in the dishes on our menu.

Dish	Cereals containing gluten 						Soya 	Tree Nuts 										Peanuts 	Sesame 	Milk 	Eggs 	Fish 	Crustaceans 	Celery 	Sulphates 	Mustard 	Molluscs 	Lupin 				
	Wheat	Rye	Barley	Oats	Spelt	Kamut		Walnut	Almond	Brazil Nut	Pecans	Hazelnut	Pistachio	Macadamia	Cashew																	
GAELIC BREAD	✓						✓										✓															
LASAGNE SHEETS	✓						✓																			✓						
MACARONI	✓						✓																			✓						
RICE																																
PASTA	✓						✓																			✓						
TUNA TOMATO + MASCARPONE																		✓			✓											
CHICKEN NUGGETS																																
VEG NUGGETS	✓																															
SAUSAGE ROLLS	✓																															
VEGAN ROLLS	✓		✓				✓																									
WRAP	✓																															

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	Wheat	Rye	Barley	Oats	Spelt	Kamut		Walnut	Almond	Brazil Nut	Pecans	Hazelnut	Pistachio	Macadamia	Cashew																			
MACARONI CHEESE	✓															✓																		
MACARONI VEGAN CHEESE	✓			✓																														
CRISPY CHICKEN STRIP	✓																																	
VEGAN STRIP	✓						✓															✓												
LASAGNE	✓						✓										✓									✓								
VEGAN LASAGNE	✓						✓																✓			✓						✓		
KATSU																																		
CHICKEN CURRY	✓						✓																											
VEGETABLE CURRY	✓						✓																											
FISH CAKE	✓																				✓													
VEGETABLE CAKE	✓			✓			✓																											
CHEESY																																		
CARLIC SAUS																		✓	✓															

CHIPS
JACKET POTATO

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