

Barkisland Inclusion Bulletin

Autumn Term 2025

Written By Mrs Howarth

Inclusion Manager Role

Hello, my name is Mrs Howarth and I am the Inclusion Manager here at Barkisland. As Inclusion Manager (SENCO) my role is focused on supporting students with additional needs. The role involves identifying students who need support, creating individual plans, collaborating with staff and external professionals, and ensuring all children have equal access to the curriculum and feel included here at Barkisland.

I am deeply passionate about my role, as it allows me to advocate for every child's unique needs and help create an inclusive environment where all learners can thrive.

I work closely with Mrs Young, our Pastoral Support Worker, who supports children and their families when needed regarding. For more information on Mrs Young's role then please click [here](#).

If you would like to speak to either of us, then please email admin@barkisland.calderdale.sch.uk or phone 01422 823324.



Zones of Regulation

This year we are introducing 'Zones of Regulation' in every classroom. The *Zones of Regulation* is a simple, child-friendly framework that helps kids understand and manage their emotions. It uses four coloured zones (Blue, Green, Yellow, and Red) to represent different feelings and states of alertness.

For example, the Blue Zone includes feelings like sadness or tiredness, the Green Zone is when you're calm and focused, the Yellow Zone includes feelings like frustration or excitement, and the Red Zone is for intense emotions like anger or panic. This approach helps children learn to recognise what they're feeling and develop healthy strategies to regulate their behaviour. It's not about judging emotions as "good" or "bad," but about helping kids become more self-aware and make choices that help them feel and do their best.

Please click [here](#) to access a useful 'Zones of Regulation Information Sheet'.



Barkisland CE (VA) Primary School
WE BELIEVE, WE NURTURE, WE SUCCEED!

SEN Documents

All required SEND Documentation is available on our school website.

Please click [here](#) to access relevant documentation..

Neurodiversity Vs Neurodivergent

Some people refer to themselves as neurodiverse. However, more commonly the term neurodiversity is used to refer to everyone, including the full range of brain differences.

Many children, young people and adults whose brains work in a different way to others ask to be referred to as being neurodivergent.

Neurotypical is sometimes used to describe people who think, behave and learn in what is seen to be a 'standard' way.



SEND Coffee Morning

We are pleased to confirm that our next SEND Coffee morning will be on **Wednesday 3rd December 9:15-10:30am**. This is a relaxed and informal opportunity for parents and carers of children with SEND, or those with an interest in SEND, to come together for a cuppa and a chat! Information on how to sign up to the coffee morning will be released on School Spider in due course.

We will be joined by Becky Bell (ASC Team) who will be doing a short presentation about Sensory processing. She will also bring in some resources for parents to look at.

Sensory processing is the way the brain takes in and makes sense of information from the senses. For most children, this happens automatically. Sometimes, the brain has trouble organising and responding to this input, which can lead to overreactions (like covering ears at loud noises) or underreactions (like not noticing a scraped knee). Understanding sensory processing helps parents support their child's comfort, focus, and everyday activities.

How to support your child at home

Research and studies have shown that the most important thing you can do to support your child's education at home is to read little and often.

If your child has an ISP in place this document will provide you with targets you can also use at home to support your child's learning at school. These are updated at least termly.

If you have any questions about supporting your child at home, please don't hesitate to contact your child's teacher.