



Highfields Academy – PE Curriculum Map

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	Dance Nursery Rhymes		Ball Skills Hands 1		Gymnastics: High, Low, Over, Under		Ball Skills Feet		Ball Skills Rackets, bats and balloons		Sports Day	
Year 1	Ball Skills Hands 1	Ball Skills: Feet	Play: Playing Games	Gymnastics: Body Parts	Gymnastics: Wide, Narrow, Curled	Dance: Heroes	Ball Skills Sticks	OAA: Team Building	Ball Skills Hands 2	Locomotion: Jumping	Ball Skills Rackets, bats and balls	Striking & Fielding Cricket
Year 2	Ball Skills Hands 1	Ball Skills: Feet	Play: Playing Games	Health and Wellbeing	Gymnastics: Linking	Dance: Sweet Factory	Ball Skills Sticks	OAA: Team Building	Ball Skills Hands 2	Locomotion: Dodging	Ball Skills Rackets, bats and balls	Striking & Fielding Cricket
Year 3	Invasion: Tag Rugby	Invasion: Football	Athletics: Competitions	Invasion: Netball	Gymnastics: Symmetry & Asymmetry	Dance Witches and Wizards	Invasion: Hockey	OAA: Problem Solving	Striking & Fielding Cricket	Net / Wall T Game Sense	Net / Wall Tennis	Athletics
Year 4	Invasion: Tag Rugby	Swimming	Athletics: Competitions	Swimming	Gymnastics: Levels and Direction	Dance: Space	Invasion: Hockey	OAA: Problem Solving	Striking & Fielding Cricket	Invasion: Football	Net / Wall Tennis	Athletics
Year 5	Invasion: Tag Rugby	Invasion: Football	Athletics: Competitions	Invasion: Netball	Gymnastics: Flight	Dance: Street Art	Invasion: Hockey	OAA: Problem Solving	Striking & Fielding Cricket	Swimming	Net / Wall Tennis	Swimming
Year 6	Invasion: Tag Rugby	Invasion: Football	Athletics: Competitions	Invasion: Netball	Gymnastics: Creating Sequences	Health Related Exercise	Invasion: Hockey	OAA: Problem Solving	Striking & Fielding Cricket	Athletics	Net / Wall Tennis	Striking & Fielding Rounders