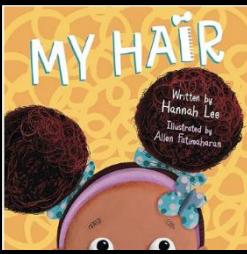
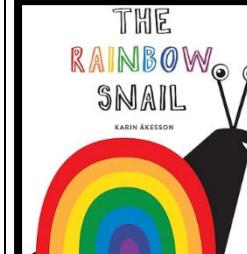
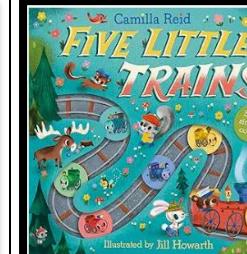
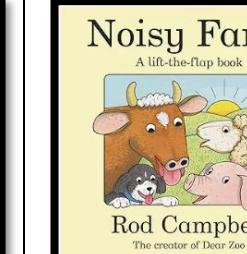
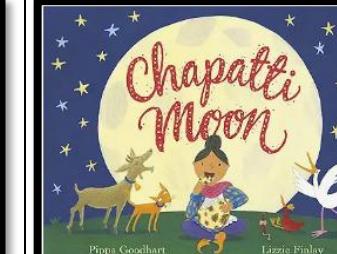
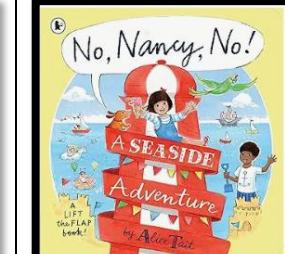




Highfields Academy and Nursery - EYFS Overview - Physical Development



End of EYFS (ELGs)	<ul style="list-style-type: none"> <i>Negotiate space and obstacles safely, with consideration for themselves and others.</i> <i>Demonstrate strength, balance and coordination when playing.</i> <i>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</i> <i>Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</i> <i>Use a range of small tools, including scissors, paint brushes and cutlery.</i> <i>Begin to show accuracy and care when drawing.</i> 				
Caterpillars					
All About Me 	Colours Everywhere 	On the Go 	On the Farm 	Yummy Foods 	Seaside 
Can I look at a book independently turning the pages? Which hand do I hold my pencil in? Do I make different marks on paper with pens and pencils? How do I hold a pencil?	Can I move in response to music? Do I choose to use bikes, scooters and ride on toys with developing control? Do I attempt to put on my own coat? Am I showing an interest in what the toilet/potty are used for? Can I tell an adult when I need to use the toilet/potty?	Do I wash my hands after getting muddy outside with some support? Can I copy movements in response to a story? Can I use stairs going up and down with both feet on each step whilst holding on?	Do I join in with food tasting? Can I name any fruits? Can I sit comfortably on a chair with both feet on the ground? Can I feed myself competently? Do I hold a cup with two hands and drink well?	Do I join in with food tasting? Can I name any fruits? Can I sit comfortably on a chair with both feet on the ground? Can I feed myself competently? Do I hold a cup with two hands and drink well?	Am I starting to show control when using a range of tools and objects such as jugs, hammers and mark making tools? Can I choose different ways to move? Am I starting to recognise danger? Will I seek comfort and support from a familiar adult if I need it? Can I start to express my thoughts and emotions through words?



Highfields Academy and Nursery - EYFS Overview - Physical Development



Butterflies					
All About Me	Celebrations of the World	Pirates	New Life	Traditional Tales	People Who Help Us
<p>Can I climb stairs and move across climbing equipment whilst keeping my balance? Am I moving with more balance and stability when carrying objects? Can I throw and catch a ball or bean bag with two hands? Am I showing a preference for a dominant hand?</p>	<p>Will I happily try a range of foods? What is my favourite food? Can I independently put on my own coat and do up the zip with some support? Can I take care of my toileting needs independently?</p>	<p>Can I describe my daily routine and am I able to talk about why it is important? When I draw, can I create lines and circles?</p>	<p>Can I run around without bumping in to things or other children? Can I balance on one foot? What changes can I notice happen to my body when I have been physical?</p>	<p>Can I name different parts of my body? Do I use a range of tools with one hand? How do I use tools safely? Can I use a tripod grip to hold my pencil? Can I form some letters from my name?</p>	<p>Can I tell an adult if I am hungry, full up, tired, want to rest or play? When needed, can I observe and control my breath by taking deep breaths and scrunching/releasing it?</p>



Highfields Academy and Nursery - EYFS Overview - Physical Development



Reception <i>Focus texts rotated weekly (as part of Drawing Club); the texts detailed below are our core texts</i>					
All About Me	Minibeasts	Transport	The World	Animals	Superheroes
<p>How can I use tools to make changes to materials? Can I show increasing control when using a variety of tools and objects? Can I form recognisable letters by myself? Am I usually dry and clean during the day?</p>	<p>What is another way of travelling across the equipment? What different ways can I move? Which hand do I choose to write with? Can I hold a pencil effectively? How do I keep myself safe?</p>	<p>Can I move in a range of ways with confidence? How do I jump off an object safely? Do I show an awareness of space and safety when moving? Can I move and store equipment safely?</p>	<p>How can I negotiate the space around me when playing with my friends? Can I confidently get dressed and undressed for PE?</p>	<p>Can I confidently go over, under or through apparatus? Do I talk about changes that happen in my body when I am feeling tired, unwell, anxious, angry or sad? Can I jump off an object and land safely?</p>	<p>Can I talk about healthy/unhealthy foods? Am I able to talk about why it is important to exercise, eat, sleep, drink water and keep clean? Do I talk about different food textures and tastes when cooking and notice changes when they are mixed or cooked/cooled?</p>