

PE Long Term Planner

| | | Autumn A | Autumn B | Spring A | Spring B | Summer A | Summer B |
|-------------|---|---|---|--|---|--|--|
| EYFS | | FMS (Moving - body control) Animal Boogie Yoga | Movement to music FMS - Body control (Moving) | Gymnastics FMS Object control | Intro to games (playing) FMS (Competing - body control) | SPORTS' DAY EVENTS Intro to games - competing | Mini games / Fun Fitness Intro to racket games |
| Y1 / Y2 KSI | A | 1. FMS (moving - body control) 2. FMS object control (different objects) | 1. Movement to Music 2. Intro Games (PLAYING Y2) Football/Handball/Basketball | Gymnastics OAA - Problem Solving | 1. Intro To Net & Wall Y 2. Target Games | 1. Sports Day Events 2. JagTag for Beginners | 1. FMS competing Y1 2. Intro to Striking & Fielding Games Y2 |
| | B | 1. FMS Moving body control 2. FMS Playing body control | 1. Movement to Music 2. Intro To Games PLAYING Y2 Football/Handball/Basketball | Gymnastics OAA - Problem Solving | 1. Intro To Net & Wall y2 2. Target Games | 1. Sports Day Events 2. JagTag for Beginners | 1. FMS COMPETING 2. Intro to Striking & Fielding Games |
| Y3/Y4 LKS2 | A | Invasion Intro to: Lacrosse (3 Weeks) Rugby (3 Weeks) Net & Wall Intro to: Tennis (3 weeks) Dodgeball (3 weeks) | Dance - Human body Skeletons. Invasion -Intro to: football (3 weeks) Basketball (3 Weeks) | Gymnastics OAA - Orienteering | Net & Wall Intro to: Volleyball (3 weeks) Badminton (3 weeks) Development Target Games Archery (3 weeks) Frisbee (3 weeks) | Intro to Athletics Intro to JagTag Y3 | Striking & Fielding -Intro to: Cricket (3 weeks) Rounders (3 Weeks) Tournament - Intra house competitions Sports from around the World |
| | B | Invasion Intro to: Lacrosse (3 Weeks) Rugby (3 Weeks) Net & Wall - Intro to: Tennis (3 weeks) Dodgeball (3 weeks) | Dance OAA _ orienteering | Gymnastics Y4 Swimming 10 weeks / Y3 - Netball | Y4 Swimming / Y3 Volleyball Target Games Boules (3 weeks) Frisbee (3 weeks) | 1. Intro to Athletics 2. Intro JagTag | Striking & Fielding - Intro to: Cricket (3 weeks) Rounders (3 Weeks) Tournament - Intra house competitions Sports from Around the world |
| Y5/Y6 UKS2 | A | Invasion -Lacrosse (4 Weeks) Net & Wall - Dodgeball (3 weeks) | Dance - SPACE Invasion - Football (6 Weeks) | Gymnastics OAA - Orienteering | Net & Wall Volleyball (6 Weeks) Target Games Archery (3 weeks) Frisbee (3 weeks) | Competing Athletics Competing JagTag | Striking & Fielding - Cricket (6 weeks) Tournament - Intra house competitions Sports from around the World |
| | B | Invasion - Rugby (6 Weeks) Net & Wall- Volleyball (6 Weeks) | Dance Invasion - Basketball (6 Weeks) | Gymnastics OAA - Orienteering | Net & Wall Badminton (6 Weeks) Target Games Boules (3 weeks) Frisbee (3 weeks) | Competing Athletics Competing JagTag | Striking & Fielding - Rounders (6 Weeks) Tournament - Intra house competitions Sports from around the World |
| Key | | MOVING | PLAYING | COMPETING | | | |