

PSHE Yearly Overview – Pre Formal Curriculum

	Social and Interaction (Autumn)	Self Help and Independence (Spring)	In the Community (Summer)
Branches 1-3	<p><u>Awareness of self and others:</u></p> <ul style="list-style-type: none"> To show awareness of self when looking in the mirror. To show preference for people by turning and showing attention towards a familiar or preferred person. To repeat an action that is positively received by others. To engage in social games and songs with others. To give an object back to another person when they have finished with it. 	<p><u>Supporting others to help me:</u></p> <ul style="list-style-type: none"> To tolerate personal care routines for face washing, teeth brushing and dressing. To anticipate feeding and drinking routines. To communicate a choice for food from a selection. To begin to remove shoes and socks with support. 	<p><u>Recognising the community:</u></p> <ul style="list-style-type: none"> To look round their surroundings and recognise their environment has changed. To seek out familiar people within a different environment. To communicate a choice for food from a selection.
Branches 4-6	<p><u>Building relationships with others:</u></p> <ul style="list-style-type: none"> To build a friendship and relationship with a peer. To play alongside a friend sharing resources with them. To begin to play a turn taking game with another person. To copy an action displayed by an adult. To gain the attention of another person to help them reach a goal. 	<p><u>Working collaboratively with others to help me:</u></p> <ul style="list-style-type: none"> To confidently use an open cup to have a drink. To feed self finger food and with a loaded spoon/fork. To independently bring a toothbrush to their mouth. To work with adult support to complete hand and face washing routine. To show awareness of what body parts items of clothing are for. 	<p><u>Acting appropriately in the community:</u></p> <ul style="list-style-type: none"> To begin to interact appropriately with new people. To show willing to try new foods and textures when out in the community. To happily share new experiences with a familiar adult. To wait for short periods in order to have their needs met. To recognise that boundaries and routines must still be followed when out in the community.
Branches 7-10	<p><u>Confidence in self and others:</u></p> <ul style="list-style-type: none"> To engage in self led play for 20 minutes. To show affection towards people who are important to them. To initiate play and interactions with a familiar person. To show awareness of when another person needs help and attempts to help them. To work as a member of a group, turn taking and waiting appropriately. 	<p><u>Supporting myself:</u></p> <ul style="list-style-type: none"> To begin to use cutlery appropriately for spreading, cutting and piercing food. To attempt to dress self, turning clothes the correct way round and putting on items of clothing. To name and locate body parts. To independently brush teeth, and wash hands and face. 	<p><u>Interacting in the community:</u></p> <ul style="list-style-type: none"> To interact with new people appropriately, following social rules. To show confidence in asking people for help. To show awareness of behaviour expectations. To show awareness of how to keep safe in the community.

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	<ul style="list-style-type: none">• To initiate a two way conversation listening to and responding to what the other person is saying.		
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Supported by, and assessed with the PSED Branch Map.