



Hapton C.E./Methodist Primary School
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Hapton C.E./Methodist Primary School

Hapton's Weekly News

3rd July 2026



Our Christian Value this half
term:
Justice

Dates for the diary

- Monday 6th July- Sports Day Afternoon @1:30pm
- Thursday 9th July- Year 6 Canoeing morning.
- Tuesday 14th July - Leavers Disco @3.15pm till 4.30pm.
- Wednesday 15th July - Leavers Lunch.
- Thursday 16th July- Leavers Service in school. 2pm
- Monday 20th July- Celebration Assembly and raffle.
- Monday 20th July - School Closes at 1.15pm.



Important Information!

-Kindly note this is a gentle reminder to please book breakfast club in advance of the day. Thank you.

-Please can all school trip money and any outstanding balances be paid as soon as possible!

If you are experiencing any difficulties or need to discuss a payment plan, please do not hesitate to contact the school office—our staff will be happy to support you confidentially. Thank you.



Achievements!

	Star	Star	Value
Class 1	Elijah	Tommy	Rauri
Class 2	Amelia	Ted	Athena-Raine
Class 3	Dominic	Tommy	Bradley
Class 4	Connie	Logan	Harley

Attendance winners- Class 2, well done!! 🏆

Our spare uniform shop is open to everyone — please feel free to take what you need, whenever you need it. We would also be very grateful for any donations of good-quality uniform to help support other families.



You will also find our food bank at the top of the stairs in the entrance. This is here for all families — please don't hesitate to use it. As a school, we believe in sharing and supporting each other, and there is absolutely no shame in reaching out. Families are welcome to choose up to 6 items each week, or speak to us at the hatch if you need anything more. Brown bags are available to take items home, and if these can be reused, we would really appreciate it.



Thank you for being such a supportive and caring community. 💛



Our “Bring a Book, Share a Book” station is also in the entrance – a lovely way to encourage a love of reading at home. Reading is at the heart of what we do. Please feel free to take a book or leave one to share. Please send us some photos of your children reading so we can put them up on our display!

Summer Raffle!

Tickets are **NOW** on sale!!! Raffle tickets are available to buy for £1 a strip!

All funds raised will go towards supporting our school and enriching opportunities for the children. Thank you so much for your support – we really appreciate it and we look forward to seeing you all at our celebration assembly!

So don't miss out – **you have to be in it to win it!**



pendle leisure trust
Committed to your health & wellbeing

HOME START
in East Lancashire

The Lettings Cloud

Family Fun Day

SATURDAY 11 JULY
10am - 2pm
SEEDHILL ATHLETICS & FITNESS CENTRE

- MINI OLYMPICS • BEAT THE GOALIE • MUSIC & MAYHEM
- 100M FUN RUNS • GRAND TOMBOLA • INFLATABLES
- EMERGENCY SERVICES VEHICLES • FACE PAINTING
- REFRESHMENTS AVAILABLE • FREE PARKING

£10 PER FAMILY
BOOKED IN ADVANCE

SCAN ME
FOR TICKETS

£12 PER FAMILY
ENTRY ON THE DAY

ALL PROCEEDS GO DIRECTLY TO SUPPORT LOCAL FAMILIES
HOME-START IN EAST LANCASHIRE - BECAUSE CHILDHOOD CAN'T WAIT.

SEEDHILL ATHLETICS & FITNESS CENTRE, SURREY RD, NELSON, BB4 7TY | WWW.PENDLELEISUREPLUS.CO.UK
FREE PARKING AT NELSON & COLNE COLLEGE - SCOTLAND ROAD, NELSON, BB4 7YT | MOST ACTIVITIES INCLUDED IN ENTRANCE FEE

Church notice



Menu

School dinners for week commencing 6th July are:

Monday- Chicken Pitta Pockets, Pasta & Tomato Sauce or Jacket Potato

Tuesday- Fishcakes, Cheese Whirl or Jacket Potato

Wednesday- Honey Roast Gammon, Tomato & Mascarpone Pasta or Sandwiches

Thursday- Chicken Curry, Summer Picnic or Jacket Potato

Friday- Hot Dog, Pizza or Sandwiches.

Parental Advice and Support!



**Parents supporting parents
We need you!**

Our volunteers work alongside families to give tailored compassionate and confidential support. We will provide the training and support.

To find out more about volunteering for Home-Start scan our QR code.



We help parents from all backgrounds through their most challenging times



**HOME
START**
in East Lancashire

Registered Charity no 1106092

To find out more about Home-Start please visit:

-  www.homestarteastlancs.org
-  info@homestarteastlancs.org
-  01282 690536



Support and Friendship for families
Therefor when parents need us the most
#because childhood can't wait.

**HOME
START**
in East Lancashire



Working alongside families

Being a parent has never been easy. It can be lonely, frustrating, and sometimes feel overwhelming. Life can throw us unexpected challenges. Home-Start is ready to help get parents through the tough times.

Home-Start works with families experiencing challenges including:

- Poor mental or physical health
- Postnatal depression
- Isolation
- Multiple Births
- Families with genetic conditions
- Managing finance and routines



What support is available?

We work alongside families to help them manage independently.

- **Home-visiting Volunteers** : regular visits in your own home
- **Groups**: Regular group meetings in a variety of locations covering a range of needs including specialist groups
- **Community Genetics** : Helping families navigate the processes to access the right services
- **Maternity** : A range of support at home, in groups and in hospital settings



A quick guide to becoming a volunteer

- We will provide full training to prepare you for your role
- As a volunteer you will support a family by visiting them at home for a couple of hours each week and/or
- Provide support in a group setting
- You should have a non judgemental attitude and understand the pressure of raising a family.
- You will have to undergo a Disclosure and Barring Service check.
- You will be supported by Home-Start in East Lancashire during your volunteering.

At The National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screen time. This guide will help you to develop an age-appropriate family agreement to suit your household.



- 1 WORK TOGETHER**
Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.
- 2 AGREE TIME LIMITS AND SUITABLE TIMES**
Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.
- 3 ENCOURAGE HONESTY**
Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsure or upset about something they've done, said, sold or received, they should tell you immediately so you can help them resolve the problem.
- 4 CHARGING AND OVERNIGHT STORAGE**
To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.
- 5 REVIEW RULES REGULARLY**
Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family, discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.
- 6 PROTECT PERSONAL INFO**
Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.
- 7 BE RESPECTFUL**
Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.
- 8 "NO TECH" ZONES**
Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.
- 9 AGREE ON CONSEQUENCES**
As a family, discuss why the rules are important: to balance their screen time, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.
- 10 KNOW ALL PASSWORDS**
To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

Meet Our Expert
Dr Claire Sutherland is an online safety consultant at iCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.

WakeUpWednesday The National College

Source: <https://nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices>

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We hope you have a lovely weekend, see you all next week!

"I will lift up my eyes to the hills, where does my help come from? My help comes from the Lord, the maker of heaven and earth." Psalm 121 v 1-2