



Hapton C.E./Methodist Primary School
Head Teacher: Mrs Amourelle Leyland
Tel: 01282 771657
Hapton C.E./Methodist Primary School

Hapton's Weekly News

24th April 2026

Our Christian Value this half term:

Compassion



Compassion at the Heart of Our School

One of the stories at the heart of our Christian ethos is **the Parable of the Good Samaritan** (Luke 10:25–37). In this well-known story, Jesus tells of a man who is hurt and left by the roadside. While others pass him by, a Samaritan stops, shows kindness, and takes practical steps to care for him. Jesus uses this story to remind us that compassion is not just something we feel, but something we **do**.



Across our school community, we see this lived out every day. Pupils include and support one another, teachers and staff take time to listen and care, and we encourage children to treat everyone with dignity and respect. These small, daily acts of kindness help create a school where every child feels valued and safe.

By grounding our learning and relationships in Christian values, we aim to help children grow not only academically, but also as caring, compassionate individuals. Together, as a school and families, we are helping our children learn what it truly means to “love your neighbour.”

Dates for the diary



- Monday 4th May- Bank Holiday- School will be closed.
- Monday 18th May- Class photos.
- Wednesday 20th May- Break the Rules Day!
- Friday 22nd May- Break up for half term at 3.15pm.



Achievements!

	Star	Star	Value
Class 1	Tate	Matilda	Joshua
Class 2	Thomas	Parker	Annabelle
Class 3	Leo D	Scarlett	Cole
Class 4	Noel	Heidi	Joseph

Attendance winners this week- Class 2, well done!!

Menu

School dinners for week commencing 27th April
are:

Monday- Vegetarian Sausage roll, Tomato & Mascarpone
Pasta or Jacket Potato

Tuesday- Pulled Pork Burrito, Mac'n' Cheese or Jacket
Potato

Wednesday- Roast Chicken, Loaded Potato Wedges or
Sandwiches

Thursday- Burger, Pasta & Tomato Sauce or Jacket
Potato

Friday- Fish, Pizza or Sandwiches.

Important Information!

As we are now in Summer Term we are hoping the weather may improve! Children may wear grey shorts or red checked dresses as part of our uniform. On hot, sunny days, pupils may also bring a cap and sun cream to apply themselves when they are outside.

Thank you!

This is a gentle reminder that if there is an outstanding balance on your child's school money account, please could you arrange the payments as soon as possible.

We understand that sometimes payments can be overlooked or delayed. If you have already made this payment, please accept our thanks and disregard this message.

If you are experiencing any difficulties or need to discuss a payment plan, please do not hesitate to contact the school office—our staff will be happy to support you confidentially.

Thank you for your continued support.

Parental Advice and Support!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

- 1 START SMALL AND EARLY**

Begin reintroducing elements of the school routine at least a few days before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.
- 2 REVISIT THE SCHEDULE**

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.
- 3 CREATE A SLEEP PLAN**

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.
- 4 ENCOURAGE FRIENDSHIPS**

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.
- 5 GRANT RESPONSIBILITY**

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.
- 6 FOCUS ON NUTRITION**

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.
- 7 COMMUNICATE OPENLY**

Talk with your child about how they're feeling about returning to school, whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.
- 8 RECONNECT WITH LEARNING**

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.
- 9 PREP TOGETHER**

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.
- 10 BE PATIENT AND FLEXIBLE**

Transitions take time, and every child adjusts differently; so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way to setting a positive tone for the new school year.

Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-return-to-routine>

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NOW ACCEPTING NEW NHS CHILD PATIENTS

We are focusing on improving access to children's dental care within the area.

To register your child with one of our NHS dentist's, please call us on 01282 456128 or visit us in practice!



Contact Us:
01282 456128



We hope you have a lovely weekend!

"I will lift up my eyes to the hills, where does my help come from? My help comes from the Lord, the maker of heaven and earth." Psalm 121 v 1-2