



Hapton C.E./Methodist Primary School  
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# Hapton's Weekly News

17th April 2026

Our Christian Value this half  
term:

Compassion



This week in school we are focusing on the Christian value of **compassion**. Compassion is at the heart of Jesus' teaching and reminds us to notice the needs of others, to care deeply, and to act with kindness and understanding. It helps our children grow not only academically, but also spiritually and emotionally.

What Is Compassion?

Compassion means **showing love, care, and concern for others**, especially when they are hurting or in need. In the Bible, Jesus showed compassion through His actions—healing the sick, welcoming everyone, and showing kindness to those who were often overlooked.

Compassion in School Life

Throughout the week, pupils will be encouraged to:

- Help and support their friends
- Listen carefully and respond kindly
- Show patience and forgiveness

A Simple Prayer to Share

Dear God,  
Thank you for showing us compassion through Jesus.  
Help us to be kind, caring, and loving to everyone we meet.  
Teach us to help others and to show understanding, even when it is difficult.  
Amen.

Thank you for your continued support in helping us nurture strong Christian values within our school community. Together, we can encourage our children to grow into compassionate and caring individuals.

## Dates for the diary



- Tuesday 21<sup>st</sup> April- Hothersall Lodge Meeting for Parents at 3.30pm.
- Monday 4<sup>th</sup> May- Bank Holiday- School will be closed.
- Monday 18<sup>th</sup> May- Class photos.
- Wednesday 20<sup>th</sup> May- Break the Rules Day!
- Friday 22<sup>nd</sup> May- Break up for half term at 3.15pm.



## Achievements!

	Reader	Writer	Mathematician	Progress
Class 1	Leah	Owen	Parker	Hlelo
Class 2	Freddie	Amelia	Kian	Hallie C
Class 3	Nevaeh	Sandra	Phoebe	Tommy
Class 4	Harry	Penny	Eli	Oliver

**Attendance winners this week- Class 2!! Well done!!**

## Menu

School dinners for week commencing 20<sup>th</sup> April  
are:

**Monday-** Chicken Goujon, Pasta & Tomato Sauce or  
Jacket Potato

**Tuesday-** Beef Chilli, Picnic Lunch or Jacket Potato

**Wednesday-** Sausage & Mash, Tomato & Mascarpone  
Pasta or Sandwiches

**Thursday-** Curry, Cheese Flan or Jacket Potato

**Friday-** Fish, Pizza or Sandwiches.

## Important Information!

This is a gentle reminder that if there is an outstanding balance on your child's school money account, please could you arrange the payments as soon as possible.

We understand that sometimes payments can be overlooked or delayed. If you have already made this payment, please accept our thanks and disregard this message.

If you are experiencing any difficulties or need to discuss a payment plan, please do not hesitate to contact the school office—our staff will be happy to support you confidentially.

Thank you for your continued support.

## Online Advice for Parents!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# 10 Top Tips for Parents and Educators CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screentime. This guide will help you to develop an age-appropriate family agreement to suit your household.

- ### 1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.
- ### 2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.
- ### 3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, sold or received, they should tell you immediately so you can help them resolve the problem.
- ### 4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.
- ### 5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family, discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.
- ### 6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.
- ### 7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.
- ### 8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.
- ### 9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screentime, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.
- ### 10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

**Meet Our Expert**

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.

**#WakeUpWednesday** **The National College**

Source: See full reference list on guide page at [nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices](http://nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices)

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We hope you have a lovely weekend!

"I will lift up my eyes to the hills, where does my help come from? My help comes from the Lord, the maker of heaven and earth."

Psalm 121 v 1-2