



SEND Newsletter March 2026

Message from the Special Educational Needs Co-Ordinator (SENCo)

This newsletter will focus on the support for parents within the wider community. It will include details about

- Educational Psychology service
- Visyon
- SPACE
- Health Visitor / School nursing services
- Free online learning and resources from Togetherness

Any feedback regarding what goes into the newsletter or on any services parents have accessed from reading this would be greatly appreciated.

Warmest Regards,
Mrs Cunningham

hcunningham@brierley.cheshire.sch.uk



Educational Psychologist (EP)

An Educational Psychologist provides guidance and support to schools on a range of issues including special educational needs. Brierley has a link EP and the SENCo consults with them each half term. Through discussion of individual pupils, the EP gives specific advice to school which is then implemented and reflected in the child's SEN support plan.

Parents are notified and permission is sought via the SENCo if a consultation is required.

Can parents get advice from an EP?

Yes! The Educational Psychology (EP) Service is offering appointments for parents and carers at Cheshire East Family Hubs, held every half term in both North and South localities. These informal sessions are an opportunity to discuss concerns, seek advice and explore strategies to support your child or young person. Their focus areas are Cognition and Learning and SEMH (Social, Emotion and Mental Health) needs. They are not sessions for local authority processes (e.g. EHCPs or placement changes) or child assessments. Examples of Topics include:

- Literacy, Maths or Executive Function difficulties
- Anxiety or school related issues
- Play, social skills or friendship needs
- Transitions and/or difficulties with change/loss
- Preparing for Adulthood

What are the dates of the EP sessions?

25.03.26	Oakenclough Family Hub	9.30am - 4.15pm
26.03.26	Monks Coppenhall Family Hub	9.30am – 4.15pm
19.05.26	Ash Gove Family Hub (Macclesfield)	9.30am – 4.15pm
21.05.26	Monks Coppenhall Family Hub	9.30am – 4.15pm
30.06.26	Congleton Family Hub	9.30am – 4.15pm
02.07.26	Monks Coppenhall Family Hub	9.30am – 4.15pm

How do I make an appointment?

Either call the Family Hub directly (telephone details below) or email Start for Life South to request an appointment: startforlifesouth@cheshireeast.gov.uk

Alsager Library, Alsager ST7 2QH

Ash Grove Family Hub, Macclesfield SK11 7TD Tel:
01625 374484

Congleton Family Hub, Congleton CW12 3AH Tel:
01260 371061

Knutsford Family Hub, Manor Park North Knutsford
WA16 8DB

Monks Coppenhall SEND Centre of Excellence,
Crewe CW1 4LY Tel: 01270 371240

Nantwich Children's Centre, Nantwich CW5 5GX Tel:
01270 371240

Oakenclough Family Hub, Wilmslow SK9 2PZ Tel:
01625 374180

Visyon



Visyon is a charity that can provide support to parents who have concerns for their child's emotional well-being or mental health. Please see their website for more details: <https://www.visyon.org.uk/parents>

Parents can call 01260 290000 for more information. No referral from school or a doctor is needed and this service is free of charge.



Visyon at Brierley!

Visyon are doing whole class well-being workshops this term with years 3 and 4.

In addition to this, they will be offering a free face-to-face parent workshop at Brierley Primary School on **Wednesday 15th April 10am – 11.30am.**

More details will be sent out via School Spider closer to the time.



SPACE - Supporting Parents and Children Emotionally

SPACE is a 5-week, trauma-informed, educational program designed to support parents & carers with children of any age through the challenges of growing up in an ever-changing stressful world.

The program aims to educate and inform parents or carers on why children behave the way they do and how, as adults, we can support them using a trauma informed parenting approach. It aims to support participants to better understand the impact that early life experiences have had on them and their children, and to develop strategies for building their resilience and that of their children.

SPACE – continued

The course addresses topics such as

- Biological Stress responses
- Impact of ACEs (Adverse Childhood Experiences) and trauma
- Attachment theories and nurturing parents
- Understanding behaviour and resilience
- Protective behaviours
- Child development milestones
- Managing difficult emotions
- Importance of self-care and nurturing children
- Healthy relationships

Some of the benefits of the program include:

- To understand the link between emotions & behaviours
- To learn strategies to continue to develop individual and family resilience
- To gain knowledge and the tools to implement healthy lifestyle choices

If you would like to be referred for this course, please contact the SENCo directly for a referral to be made.
hcunningham@brierley.cheshire.sch.uk

Health Visitor / School Nursing Services

Cheshire East offer a monthly drop in for parents/children and young people to support/signpost/guidance with all SEND related issues. If you think your child may have SEND and not sure where to go or what to do, make an appointment or attend one of the drop-in sessions. The drop in aims to help you to understand why your child may be struggling and ideas that may help.

To make an appointment, either phone the Family Hub direct or email: startforlifesouth@cheshireeast.gov.uk

March 2026

- Monday 2 March, 9.00am – 11.00am, Ash Grove Family Hub (appts only)
- Thursday 5 March, 9.15am – 12.15pm, Monks Copenhall SEND Hub (appts only)
- Wednesday 11 March, 1.00pm – 3.00pm, Congleton Family Hub (appts only)
- Monday 16 March 10.00am – 11.00am, Oakencrough Family Hub (appts only)
- Tuesday 17 March, 9.15am – 12.15pm, Nantwich Children's Centre (appts only)
- Wednesday 18 March, 1.30pm – 2.30pm, Alsager Library (drop in)
- Friday 20 March, 1.00pm – 2.30pm Knutsford Children's Centre (drop in)



TOGETHERNESS

Bringing the Solihull Approach to the world

Raising emotional health worldwide

The Solihull Approach model: An integrated framework for transformational change.

30 years of NHS service, rigorous clinical research and proven methodologies to deliver results.

TogetherNESS offers free online training and resources of support to parents.

To access training and resources, please visit their website and create a free account.

https://learn.togetherness.co.uk/online-learning/register_new?plan=Wed311236-S18&lang=1&redirect=successful-reg

Courses available

TOGETHERNESS

Bringing the Solihull Approach to the world

- Moving up to secondary school for children with additional needs
- Understanding pregnancy, labour, birth and your baby
- Understanding pregnancy, labour, birth and your baby: for women couples
- Understanding the impact of the pandemic on your child
- Understanding the impact of the pandemic on your teenager
- Understanding your baby
- Understanding your brain (for teenagers only!)
- Understanding your child with additional needs
- Understanding your child: from toddler to teenager
- Understanding your child's feelings (a taster pathway)
- Understanding your child's mental health and wellbeing
- Understanding your feelings (for teenagers only!)
- Understanding your own trauma
- Understanding your preterm or sick baby in hospital
- Understanding your preterm or sick baby now you're home
- Understanding your relationships
- Understanding your teenager's brain

Use the exclusive access code:

WHEATSHEAF