

Bedtime routine



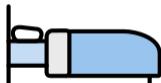
Have a bath or shower



Brush teeth



Put on bedtime clothes



Get into bed



Read story



Lights out



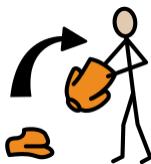
Time to sleep



Back to School Morning Routine



Wake up



Get dressed



Eat breakfast



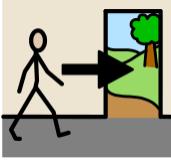
Brush teeth



Get school bag ready



Put shoes on



Ready to go



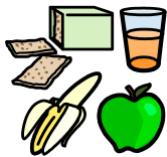
After school routine



Go home



Take shoes off



Have a snack



Homework and reading



Play time



Chores or jobs



Tea time