

Intro to NVR

**Come along to our informal, introduction
workshop on:**

**Thursday 27th November 9.30a.m. or 5p.m.
via Microsoft Teams.**



**We invite you to our 30 minute session, to hear us explain what
NVR involves and how it could benefit your family. You can ask
us questions or just listen.**

**There is no requirement to participate in any conversation, you
can have your screen switched off. Just grab a drink and join
the link:**

9.30am

**[https://www.eventbrite.co.uk/e/1972519670433?
aff=oddttdtcreator](https://www.eventbrite.co.uk/e/1972519670433?aff=oddttdtcreator)**

5pm

**[https://www.eventbrite.co.uk/e/1974281898304?
aff=oddttdtcreator](https://www.eventbrite.co.uk/e/1974281898304?aff=oddttdtcreator)**

Non-Violent Resistance (NVR) is an innovative systemic family intervention,
applied in response to challenging or self-destructive behaviour in young people.

Evidence shows it to be effective for a range of behaviours, including:

- Violent and aggressive actions
- Self-harm and self-destructive (e.g. running away/drug use)

