

Week 1

Monday

Gluten Free Beef Meatballs with Gluten Free Pasta

Tender **gluten free beef meatballs** served with **gluten free pasta** in a slow-cooked tomato and basil sauce, gently simmered with herbs for a rich flavour.

Tuesday – Sankey Sub Day

Choose Your Own Gluten Free Sub or Wrap

Choose a **gluten free sub roll** with your choice of sliced ham, cheese, tuna or chicken tikka. Served with cubed potatoes, a fresh salad selection and a choice of sauces.

Please note: Sandwiches are not available on Sub Day.

Wednesday

Gluten Free Cheese or Pepperoni Pizza

Freshly baked **gluten free pizza** topped with melted mozzarella cheese or pepperoni, served with golden potato wedges and sweetcorn.

Thursday

Gluten Free Chicken in Katsu Curry Sauce

Tender **gluten free chicken** served with a mild katsu curry sauce, accompanied by steamed rice and garden peas.

Friday

Gluten Free Fish Fingers or Gluten Free Chicken Nuggets

Golden oven-baked **gluten free fish** or **gluten free chicken**, served with chips, baked beans, traditional mushy peas and gravy.

Desserts

Monday – Ice Lolly

Tuesday – Jelly

Wednesday – Fresh Fruit

Thursday – Eton Mess Summer Pudding

Friday – **Gluten Free School Cake**

Week 2

Monday

Gluten Free Sausage Roll

A **gluten free sausage roll** served with buttered new potatoes, steamed broccoli and a rich gravy.

Tuesday

All Day Breakfast

A hearty cooked breakfast including bacon, **gluten free sausage**, hash brown, scrambled egg and baked beans.

Wednesday

Gluten Free BBQ Chicken

Tender diced **gluten free chicken** in a smoky BBQ sauce, served with golden potato croquettes and sweetcorn.

Thursday

Gluten Free Pasta Bolognese or Gluten Free Cheesy Pasta

A choice of **gluten free pasta bolognese** with rich tomato and beef sauce, or **gluten free cheesy pasta**, served with broccoli.

Friday

Gluten Free Chicken or Beef Burger

A **gluten free chicken burger** or **gluten free beef burger** served in a **gluten free bun** with chips and corn on the cob.

Desserts

Monday – Ice Lolly

Tuesday – Jelly

Wednesday – Fresh Fruit

Thursday – Eton Mess Summer Pudding

Friday – **Gluten Free School Cake**

Daily Options

Every day there is also a **gluten free choice of:**

- Sandwiches
- Jacket potatoes
- **Gluten free tuna pasta**

Fresh fruit, yoghurt and crackers are also available daily.
A selection of salad is offered to accompany meals.