

Whitchurch Primary - Week 1

Fred

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

C Celery and Celeriac

 Soya and Soya Products

S Sesame Seeds

 Molluscs

 Mustard

L Lupin

 Sulphites

 GM Foods

 Vegetarian

 Vegan

 Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Cajun Chicken Pizza Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Turkey Tikka Masala Curry - Allergy Free Does Contains: May Contain: Modifiers:	Lamb Bolognese Does Contains: May Contain: Modifiers:	Chicken Fajita Wrap Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Fish Fingers KS2 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
					Fish Fingers KS1 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Cheese & Tomato Pizza 🌱 Does Contains: 🌿 🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers: Cheese & Tomato Pizza - Rectangle 🌱 Does Contains: 🌿 🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Sweet Potato & Chickpea Curry (VG) 🌱 Does Contains: May Contain: 🌿 🥛 C Gluten (Wheat), Cereal Containing Gluten, Mustard, Celery and Celeriac Modifiers:	Vegan Mince Bolognese - (VG/GF) 🌱 Does Contains: 🥚 Soya and Soya Products May Contain: Modifiers:	Quorn Fajita Wrap (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🥛 Mustard Modifiers:	Cheese & Tomato Pinwheel 🌱 Does Contains: 🌿 🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: 🥚 L 🥛 Soya and Soya Products, Lupin, Mustard Modifiers:
Sides	Homemade Bread 🌱 Does Contains: 🌿 🥚 🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	50/50 Rice (VG) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿 🥚 🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿 🥚 🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Chips (VG) 🌱 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Herby Diced Potatoes  Does Contains: May Contain: Modifiers: Peas (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Green Beans (VG)  Does Contains: May Contain: Modifiers:	Penne Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Broccoli (VG/GF)  Does Contains: May Contain: Modifiers:	Rainbow Rice / Savoury Rice (VG)  Does Contains:  Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Corn on the Cob (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Baked Beans (VG)  Does Contains: May Contain: Modifiers: Peas (VG)  Does Contains: May Contain: Modifiers:
	Third Option	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:		Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Tuna Mayo Topping Does Contains: 🐟🥚 Fish, Eggs May Contain: Modifiers:	Twisty Pasta with Tomato Sauce (VG) 🌱 Does Contains: 🌾 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains: 🐟🥚 Fish, Eggs May Contain: Modifiers:	Twisty Pasta with Tomato Sauce (VG) 🌱 Does Contains: 🌾 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains: 🐟🥚 Fish, Eggs May Contain: Modifiers:
	Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:
	Jacket Potato (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:		Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:		Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:
	Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:		Jacket Potato (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:		Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:		Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:		Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Shortbread (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Soya and Soya Products Modifiers:	Tropical Fruit Salad (VG)  Does Contains:  Sulphites May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Carrot Cake  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain:  Soya and Soya Products Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Raspberry & Peach Jelly (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Vanilla Ice Cream Pot  Does Contains:  Milk May Contain: Modifiers: