

Name.....



Suggested Acts of Kindness

- * Give someone a thank you note
- * Donate to a local food bank
- * Compliment another child on their great work
- * Say hello and smile at other children at school
- * Offer to help with the washing up at home
- * Tell the school cook how nice your dinner was
- * Help someone who is finding their work tricky
- * Help to tidy the classroom
- * Open the door for another person
- * Help a younger child
- * Pick up a piece of litter and put it in the bin
- * Invite someone who is playing alone to join in your game
- * Tell a friend or family member why you appreciate them