



PE Trail

Part 1: Retrieval

What do pupils already know?

Before introducing new content, activate prior knowledge and identify misconceptions.

Possible Retrieval Activities:

- Picture stimulus: What are they doing here? What skill are they performing? What have they done well (technique)?
- Vocabulary: Can you name the skills? can you perform it?
- Mini discussion: "Can you name the skill, what sport could this be linked to?"

Part 1: Knowledge Organiser

Glued in as unit cover

Introduce the KO for the new unit:

- Explore key vocabulary
- Read through facts and key skills we will learn

Part 2: Who is great at their sport?

- Look at the sport and who is at the top level of their sport?
- Can the children name anybody who plays that sport?
- Give them some pictures of individuals or teams and clips. Eg Ronaldo – football, Nadal – tennis, Geva Mentor – netball.

Part 3: New Knowledge (broken down across 5–10 sessions)

Each lesson introduces a small "chunk" of knowledge taken directly from the Knowledge Organiser and fleshed out through enquiry.

Every session begins with **recap**.

Session Structure (generic across all units):

1. Core Concept Introduction

- Introduce a key skill
- Use demonstrations, images or videos.

2. Teachings

- Get pupils to show off the new skill learned.
- Highlight "How do they complete this skill correctly?"

3. Practice

- Smaller groups working together to practice skills.
- Keep practicing the skill in different game style settings.

Part 4: Investigate

Children could:

- Use all the skills learned in a game style setting with smaller groups.

Part 5: Evaluate

Children could:

- Use the new skills in a game in large groups
- Complete the skills effectively and correctly.

Assessment

1. Quiz (10 questions)

Based on the Knowledge Organiser:

- Vocabulary
- Key facts
- Skills learned