

Pick and Mix – Home Learning experiences – Starry Night

These activities are for you to do home, you can do all of them or choose the ones that you find most interesting. Bring in or post your finished work to your portfolio, so that we can share and celebrate it with you classmates. I will post this document on to our Reception Class Dojo 'Story.'

Go on a short walk somewhere familiar during the day and then go on the same walk after dark. Take a torch on your night walk so you can shine it at different features.

What did you see and hear on the daytime walk?

What did you see and hear on the night-time walk?

Did you see and hear the same things?



Talk about bedtime routines and the importance of a good night's sleep. Draw bedtime pictures, make a list of bedtime activities, or create a routine chart.

Useful words:

- . bath
- . teeth
- . goodnight
- . lights
- . lullaby
- . milk
- . pyjamas
- . story



Look inside your mouth using a mirror. Talk about what you can see.

What can you see inside your mouth?

How can you look after your teeth?

Useful words:

- . fruit
- . toothbrush
- . milk
- . sugar
- . sweets
- . toothpaste
- . vegetables
- . water



Lullabies are soothing, quiet songs that help us get to sleep. Find some lullabies to listen to together and choose your favourite.

What lullabies did you listen to?

What is your favourite lullaby?



Make a room dark. Shine a torch onto a wall and make shadows by putting objects in front of the torch. You could play a guess the object game or trace shadows onto paper.

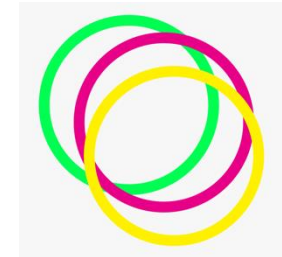
How did you make a shadow?

What shape are the shadows?

What happens to the shadow when you move an object closer and further away from the torch?



Use a torch or glow sticks and practise writing letter shapes or your name in the air using big movements.



Go outside on a clear night and look at the sky. Draw a picture of what you can see.



Animals fact finding:

Nocturnal animals are awake during the night time and sleep during the day. Diurnal animals are awake during the day and sleep at night time.

Tick the animals that are nocturnal. Choose one of the nocturnal animals and find out three facts.

Ask Miss Walton for an animal tick sheet ☺



Finish your home learning by telling an adult what you have learned about night time?

What animals come out at night?

What jobs do people do while you sleep?

What is a good bedtime routine?

