

Year 6 Tennis

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through dance. In addition, we evaluate and recognise our own successes.

Tennis: We will learn to use running, jumping, throwing and catching in isolation and in combination, whilst playing tennis. We will learn to apply basic principles suitable for attacking and defending and compare our performances with previous ones and demonstrate improvement to achieve our personal best.

Key Vocabulary			
ball	bat	underarm	accuracy
hit	throw	overarm	score
run	net	serve	move
decision making	hand	travel	competition
tactics	umpire	pass	court



Self-reflection questions - Year 6 Tennis	Yes	No	Working on
Can I hold and swing a racket correctly?			
Can I serve underarm?			
Can I serve overhead?			
Can I strike a ball using a forehand shot?			
Am I able to move into a ready position, showing awareness of body posture and balance?			
Can I begin to apply basic attacking and defending principles?			
Can I control the ball in cooperative rallies?			