

Year 6 Volleyball

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through basketball. In addition, we evaluate and recognise our own successes.

Volleyball;

We will master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. We will participate in team games, developing tactics for attacking and defending and understanding the rules of the game.

| Key Vocabulary | | | |
|----------------|-------|----------|----------|
| serve | spike | court | bump |
| pass | dig | rotation | teamwork |
| set | block | line | net |



| Self-reflection questions - Volleyball | Yes | No | Working on |
|--|-----|----|------------|
| Can I throw and catch a ball using an underarm action, aiming for accuracy and control? | | | |
| Can I send the ball over a net or to a partner? | | | |
| Can I begin to volley a ball using open hands or forearms with basic technique? | | | |
| Am I able to use simple signals or eye contact to communicate with a partner? | | | |
| Do I understand the concept of sending the ball into space to challenge an opponent? | | | |
| Can I follow basic rules of a simplified volleyball game (e.g., catch-volley or balloon volleyball)? | | | |