

Year 5 Hockey

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through basketball. In addition, we evaluate and recognise our own successes.

Hockey:

We will master basic movements including running, moving, passing and receiving the ball, as well as developing balance, agility and co-ordination. We will begin to apply these in a range of activities. We will participate in team games, developing tactics for attacking and defending and understanding the rules.

Key Vocabulary			
ball	run	position	move
attack	defend	grip	dodge
defender	dribble	scoop	bully
flick	pass	obstruction	penalty



Self-reflection questions - Hockey	Yes	No	Working on
Can I hold a hockey stick correctly?			
Can I hit and pass the ball correctly using the flat edge?			
Am I able to dribble using the hockey stick and ball?			
Can I pass the ball over an increasing distance?			
Can I shoot with control, using forehand techniques to aim at a target or goal?			
Can I use correct grip and posture, maintaining safety and control during play?			
Did I communicate and work with my team?			
Did I learn and follow the rules to play fairly?			

