

Year 4 Dance

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through dance. In addition, we evaluate and recognise our own successes.

Dance: We will learn to perform dances using a range of movement patterns. Also, compare our performances with previous ones and demonstrate improvement to achieve our personal best.

Key Vocabulary			
cheer dance	rhythm	musicality	liberty
K shape	teamwork	engagement	sequence
participation	high touchdown	beat	archer
high V	L shape	spatial awareness	improvise
low v	control	broken T	actions



Self-reflection questions - Keep Fit	Yes	No	Working on
Did I learn new cheer dance movements?			
Can I combine movements together?			
Did I match the speed of my movements to the music?			
Did I use basis cheer movements?			
Did I choreograph short sequences, experimenting with formations, levels, and movements?			
Was I able to work with a group to create a dance sequence?			
Did I recognise timing?			
Was I able to critique my own and my peers' dances?			
Have I learned something new this term?			

