

Year 2 Gymnastics

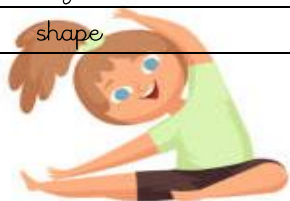
Travelling and Rolling

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through gymnastics. In addition, we evaluate and recognise our own successes.

Gymnastics:

We will learn to develop our movement, speed, shape and balance. In addition, we will compare our performances with previous ones and demonstrate improvement to achieve our personal best.

Key Vocabulary		
core	strength	curl
roll	warm-up	shape
pencil	cool-down	sequence
egg	balance	movement
Teddy bear	wide	straight
shape	thin	instructions



Questions to develop learning	5-star self-rating
Can I perform a variety of rolls including a pencil, egg and teddy bear roll?	★ ★ ★ ★ ★
Can I work with a partner to perform a sequence of rolls?	★ ★ ★ ★ ★
Can I travel at different speeds?	★ ★ ★ ★ ★
Can I compose, remember and perform a sequence of rolls combined with travelling?	★ ★ ★ ★ ★
Can I show control when performing different rolls?	★ ★ ★ ★ ★
Can I link movements together to make my sequences flow?	★ ★ ★ ★ ★