

Year 3



Strand one of the Pol-Ed Curriculum for Year 3 helps pupils deepen their understanding of friendships, consent within social interactions and knowing when to seek help. Through strand two, they develop awareness of different types of risk and learn how to respond to emergencies. In strand three, pupils explore why rules and rights help to keep people safe. These lessons strengthen pupils' ability to navigate more complex social situations and broaden their understanding of their place in the wider community.

Relationships	Keeping Safe	Understanding the Law	Wellbeing
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Autumn Term		Spring Term		Summer Term	
Who are my key people?		What are emergency services?		How can I be a responsible citizen?	
How should we treat people?		What are emergency situations?		What is the law and why do we have it?	
What can I do when friendships go wrong?		What do we mean by risk?		How do we enforce the law?	
How does school help me?		When should I break a secret?		What are pupils' rights?	
What is bullying?		What words can I use to talk about my feelings?		How can vaccinations support our health?	
What do we mean by consent in friendships?		How can I share my worries?		What is mental health?	
				How can intense feelings feel?	
				What am I good at?	

British Values
Democracy, Rights and Responsibility, The Rule of Law, Individual Liberty, Mutual Respect and Tolerance of Difference.

Key Vocabulary		
emergency	rights	relationship
friendship	bullying	responsible
mental health	secret	law
consent	citizen	vaccination

Substantive - Subject Knowledge

Bigger Picture - Support words