

# Year 1



Strand one of the Pol-Ed Curriculum for Year 1 strengthens pupil's confidence in expressing feelings, forming positive relationships and recognising when something doesn't feel right. Through strand two, pupils learn how to stay safe and seek help from trusted adults. In strand three, pupils begin to understand personal and shared responsibility and what it means to take ownership of their behaviour and choices. Year 1 builds on EYFS foundations and supports pupils to become increasingly independent and aware of how their actions affect others.

Relationships	Keeping Safe	Understanding the Law	Wellbeing
---------------	--------------	-----------------------	-----------

Autumn Term		Spring Term		Summer Term	
How can I make friends?		How can I keep safe in new places?		How can I be responsible?	
What if my friends are making me feel sad?		How can I use things at home safely?		What is bullying?	
How can I be an empathy expert?		What is private information?		Why is name calling unkind?	
How can I be an ally?		Who are my trusted adults?		What do the police do?	
What makes me special?		How can I speak up?		What is 999?	
What do feelings feel like?		How can I share my feelings?		Why have different rules in different places?	
				What can happen when rules are broken?	

## British Values

Democracy, Rights and Responsibility, The Rule of Law, Individual Liberty, Mutual Respect and Tolerance of Difference.

## Key Vocabulary

friends	family	rules
private information	trusted adults	Police
empathy	ally	bully

Substantive - Subject Knowledge

Bigger Picture - Support words