



Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
-------------------------------	--------------------------	---------------------------	---------------------	----------------------------

P.S.H.E. Is taught both explicitly and discretely across the curriculum.
This half term, the following statements from the P.S.H.E Association will be covered:

R22. about privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online)	
R23. about why someone may behave differently online, including pretending to be someone they are not; strategies for recognising risks, harmful content and contact; how to report concerns	
R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know	
R31. to recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships	
L11. recognise ways in which the internet and social media can be used both positively and negatively	
L12. how to assess the reliability of sources of information online; and how to make safe, reliable choices from search results	
L13. about some of the different ways information and data is shared and used online, including for commercial purposes	
L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	
L15. recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images	
L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation	

British Value:

Individual Liberty

Key Vocabulary

self-respect	mental health	filter
reliability	social media	privacy