

# Year 5



# Spring 2

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
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P.S.H.E. Is taught both explicitly and discretely across the curriculum. This half term, the following statements from the P.S.H.E Association will be covered:	
H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	
R11. what constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties); that the same principles apply to online friendships as to face-to-face relationships	
R21. about discrimination: what it means and how to challenge it	
R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background	
R33. to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own	
R34. how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with	
L6. about the different groups that make up their community; what living in a community means	
L7. to value the different contributions that people and groups make to the community	
L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities	
L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes	
L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced	
British Value:	
Individual Liberty	

Key Vocabulary		
witness	community	discrimination
stereotypes	equality	tolerance

Substantive - Subject Knowledge

Bigger Picture - Support words