



Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
P.S.H.E. Is taught both explicitly and discretely across the curriculum. This half term, the following statements from the P.S.H.E Association will be covered:				
H28. About rules and age restrictions that keep us safe.				
H29. To recognise risk in simple everyday situations and what action to take to minimise harm.				
H30. About how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters).				
H31. That household products (including medicines) can be harmful if not used correctly.				
H32. Ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely.				
H33. About the people whose job it is to help keep us safe.				
H34. Basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult.				
H35. About what to do if there is an accident and someone is hurt.				
H36. How to get help in an emergency (how to dial 999 and what to say).				
H37. About things that people can put into their body/skin; how these can affect how people feel.				
L7. About how the internet and digital devices can be used safely to find things out and to communicate with others.				
L8. About the role of the internet in everyday life.				
L9. That not all information seen online is true.				
<u>British Value:</u>				
Individual Liberty				

<u>Key Vocabulary</u>		
safety	hazards	warning
restrictions	permission	emergency

Substantive – Subject Knowledge

Bigger Picture – Support words