



Spring 1

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

Self and	Respecting Others	Healthy lifestyles	<u>Keeping Safe</u>	The World Around
<u>Relationships</u>				<u>Us</u> ,

P.S.H.E. Is taught both explicitly and discretely across the curriculum.					
This half term, the following statements from the P.S.H.E Association will be covered:					
H12. About the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and					
sun/heat stroke.					
H39. about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do					
reduce risks and keep safe.					
LII. recognise ways in which the internet and social media can be used both positively and negatively.					
LI5. recognise things appropriate to share and things that should not be shared on social media; rules surrounding					
distribution of images.					
British Value:					
Dialete and Decorposibility					
Rights and Responsibility					

<u>Key Vocabulary</u>				
hazards	injury	overexposure		
risk	safety	harm		

Substantive - Subject Knowledge

Bigger Picture - Support words